



# *eborienteers*

invite you to the

## **5th York City Park Race Trophy**

**Bank Holiday Monday 30th May 2005**

York City Council have kindly given permission for a City Centre Race. Courses will take place in the Snickleways and St Nicholas Field, an urban nature park. Competitors will be issued with a pre-marked special map at scale 1:5000. Electronic punching will be used.

**Directions:** Use any of the York Park and Ride schemes, and they will drop you off in the City Centre. Come by train and the start is a short walk from the Station. Otherwise leave the A64 York bypass and head into the City Centre. Keep going straight on and after 1.8 miles you will join the inner ring road. Various car parks are signposted off the inner ring road and we recommend using the St. John's Street Car Park which is off Lord Mayor's Walk (part of the inner ring road on the NNE side of York between the road out to Helmsley and the one to Scarborough.) Registration, toilets, Start and Finish will all be situated in the heart of the City in Parliament Street. (outside Marks and Spencers). A good road atlas with a street plan of York should show the places mentioned above. See also [www.york.gov.uk/parking](http://www.york.gov.uk/parking). There are literally dozens of cafes and pubs within 10 minutes walk of the car park. You can leave clothing bags at the start/finish

**Entries:**

Adults (21 and over)	£4.00	E.O.D. £6
Juniors (under 21)	£2.00	E.O.D. £4
E-Card hire	£1.00	

A charge of £15 will be made for lost E-Cards

Please send fees and 2 SAE's for final details and results

Limited entry on the day as numbers are restricted in the city centre.

Pre-entries by 16<sup>th</sup> May 2005, on the attached Entry Form (cheques made payable to Eborienteers) to:

Ann Smith  
Weddow Hills  
Oulston Road  
Crayke  
York YO61 4TP

Starts 1030 to 1230

Registration 1000 to 1200 (Limited entry on the day)

Courses close at 1400 and awards ceremony as near to 1400 as possible.

Enquiries should be posted to above address or Tel. 01347 821220

**Trophies:**

Trophies for	1st	A Course Elite Man
	1st	B Course Elite Woman
	1st	A Course Non Elite
	1st	B Course Non Elite
	1st	A Course Veteran
	1st	B Course Veteran
	1st	C Course Junior Men
	1st	D Course Junior Women

Courses: There are 4 courses: A Men 5.0Km  
 B Women 5.0Km  
 C Short Men 2.5Km  
 D Short Women 2.5Km

Men and women under 17 are only allowed on courses C/D for safety reasons. Parents should be aware that even Courses C/D use roads, which, while mainly pedestrianised, do have traffic on them (e.g. deliveries and disabled) although this is very much restricted after 11.30.

All courses involve navigating through the Snickleways and cobbled streets of York City Centre. All control sites will be manned.

Dogs: On lead in assembly area only.

Safety: Competitors take part at their own risk.

Officials: Planner: Steve Whitehead  
 Controller: Mike Ridealgh  
 Organiser: Ann Smith (01347 821220)

## Entry Form

YORK CITY PARK RACE on 31 <sup>st</sup> MAY 2004								
Contact Name: Address:								
Telephone:				E-Mail:				
<b>DATA PROTECTION ACT:</b> Details may be stored on computer. It may not be possible to enter anyone who objects								
E-CARD No OR 'HIRE'	GENDER M/F	AGE	NAME	CLUB	START	COURSE	FEE	
<i>Hire</i>	<i>M</i>	<i>40</i>	<i>A N Other</i>	<i>A Club</i>	<i>Early/Mid/Late</i>	<i>A/B/C/D</i>	<i>£0.00</i>	
No of sets of pre race info		No of sets of results			TOTAL FEE ENCLOSED			
Additional Info:								
Please enclose two SAE's (at least 9"x6") and a cheque payable to 'Eborienteers'								

Send to: Ann Smith  
 Weddow Hills  
 Oulston Road  
 Crayke  
 York  
 YO61 4TP