

eborienteers

White Rose Weekend

2005

27th - 29th August

Final Details

Officials:

Event co-ordinator:	Jim Harrison	01904 761120 before 9pm e-mail jim.harrison48@btinternet.com
Day Organisers:	Mike Ridealgh (Individual Events), Mike Leake (Team Event)	
Planners	Graham Capper (Individual Events) and Roger Smith (Team Event)	
Controller:	Dennis Hooton	
Bike O Organiser:	Steve Willis	
Bike O planner:	David Lloyd	

Directions/Parking:

The event centre, campsite and day car parking will be at High Baxtons Farm, nr Helmsley, GR SE 587892. The event will be signed from the B1257 Stokesley road in the centre of Helmsley. Helmsley is particularly popular with tourists at summer weekends and competitors should allow plenty of time to reach the event.

Follow O signs from the Stokesley road in Helmsley at G R SE 611839 turning into Canons Garth Lane in front of the Feversham Arms. After 300m turn left taking Baxtons Lane (no through road) which goes in a north-westerly direction and passes the Swimming Pool. Follow this road for about 5km. Please take care driving past the farms and particularly High Baxtons Farm which stretches across the road (the gate should be open).

When you enter the field please obey the instructions of the marshals and park neatly. If you have requested and paid for parking your parking pass is enclosed with these details and must be displayed on your dashboard or behind your sun visor and be visible at all times. If you have not pre paid for parking you will have to pay on a daily basis at the entry to the assembly area. The charge is £1 per car per day. Please have your money ready to pay the car parking officials.

The Event Centre and Camping are in the same field as car parking. For safety reasons therefore we are applying a strict speed limit of 10mph. This must be adhered to at all times and anybody not complying may be asked to leave immediately.

Because of the narrow approach lane and a single access and egress to and from the assembly field we will not be allowing departures from the event 13.00 on Saturday or Sunday.

Facilities:

Portaloos, drinking water, and a skip will be provided. The water supply will be from a road tanker. We have verified the quality of supply but anyone who is concerned about the water not being supplied from the mains should take their own precautions.

Ultrasport, CompassPoint, Wilfs, and Fat Pigs will be in attendance. Please make your own arrangements for milk and other essentials.

Campsite:

The campsite will be available from 4pm Friday to 3pm Monday. Vehicular access will not be permitted between 10.00pm and 8.00am each day. If you have booked and prepaid for camping your campsite pass is enclosed with these details. Please have it ready for checking when you arrive. Clearly display it on your tent/caravan in the polythene bag provided. Please follow the instructions of the Campsite registration team.

There is ample space available for camping and we don't expect to have to allocate specific spaces. You should not therefore have any difficulties camping with your friends. We would ask however that campers utilise the area sensibly and if this happens there should be no need for us to impose any restrictions. We reserve the right to modify these flexible arrangements if it appears there is a need to do so.

Campers should be aware that the field has recently been used for sheep grazing and therefore care should be taken over hygiene.

Fire Hazards:

It is your responsibility to have fire-fighting materials to hand - e.g. containers of water, blankets etc. Ebor will provide a number of water buckets but it will be impossible to provide enough in the right places to cover all possible incidents.

Noise:

Please show consideration for other campers at all times. In particular, please be quiet after 10.00pm. Anyone returning after this time will not be allowed to take their car into the camp area and will therefore need to park in the day parking area. If anyone contravenes these guidelines, they may be required to leave the campsite immediately and will be disqualified from the competition.

Dogs:

On lead only please in car park, camping and assembly areas only.

Waste Disposal:

A skip will be provided at the entry to the assembly field. In the interests of the environment, however, we would ask you to take away and recycle, as much plastic, glass and metal as you can. Anything that you throw into the skip provided should be crushed to minimum size. If you do throw them into the skip, please crush cans flat and also squash plastic bottles, before screwing the top back on, in order to minimise the space they occupy.

Trophies and Prize giving:

The White Rose Trophies are based on the cumulative times for Days 1 and 2. Prizes will be awarded to the first 3 in all regional event classes. Only those competitors who have balanced start times and who are entered for both days prior to closure of registration on Saturday will qualify for prizes.

The Yorkshire Water Trophy is awarded each year to the Family with the best performance over the Day 1 and Day 2 Badge events. It is to be awarded to the Family (defined as three members of the same family to include at least one Junior running a JM or JW class and at least one senior) with the lowest aggregate score over the 2 days in any regional event class (1 point for first places, 2 for second, 3 for third etc.). Registration for this competition must be made on Saturday using the appropriate forms that can be collected from the Enquiries/Information point. If you wish to be considered for this Trophy you should deliver the completed form back to the Enquiries/Information Point before 12.30 on Saturday.

The regional event prize giving will take place at 16:30 on Sunday. The Team Event prize giving will be as soon as possible after 12:00 on Monday. The prize giving for both competitions will take place in the main event centre field.

Times:

	Friday	Saturday	Sunday	Monday
Campsite opens:	16:00	08:00		
Campsite closes:	22:00	22:00	22:00	15:00
Information:	17:00-19:00	09:00-15:00	09:00-15:00	08:00-09:00
Registration EOD Regional Event, Novice and Colour Coded, SI-card hire/collection	17:00-19:00	09:00-12:30	09:00-12:30	
Team Event Registration:	17:00-19:00	09:00-12:30 16:00-18:00	09:00-12:30 15:00-16:30	
Start times:		10:30-13:30	10:30-13:30	10:15-10:45
Courses close		16:00	16:00	12:00
String course		10:30-13:00	10:30-13:00	
Prize Giving:			16:30	12:00

Bike O:

There will be 2 hour Score Bike O event on Monday afternoon with starts from 13:00 to 14:00. A pre marked 1:20,0000 map will be used. Entry fees £8/£4.50 Those wishing to take part can collect a flier from the main event enquiries point during the weekend or obtain information in advance from the Eborienteers Web site www.eborienteers.org.uk. Entry during the weekend will be available only at Bike O registration on Monday from 12:30 to 13:30. Entries may be sent by post in advance using the entry form on the last page of these final details to Sue Adams, 23 The Chase, Boroughbridge, N. Yorks. YO51 9JT or by e-mail to chaseboro@ntlworld.com

Send entries by 22nd August to guarantee a pre-marked map.

Competition Details

Registration

E-punching:

All badge, colour coded and relay courses will use SI Electronic punching. SI cards can be hired at Registration.

SI cards: ('dibbers')

Cards may be hired at Registration for £1 a day for seniors and 20p a day for juniors. Pre-paid hired cards can be collected from the same point. Cards hired for use for the two regional event days will not be valid for the team event and if you wish to hire one for the team event you will need to collect a different dibber from team event registration. Hired cards should be handed in at download on the last day of use. Note that a £20 charge will be made for lost SI cards.

Registration/Entries on the day:

Your start times are enclosed with these details. You do not need to register again. Go directly to the Start. If it is essential that you change your course and/or your start time on the day this may be possible subject to map and start time availability but can only be done by the registration team. Such changes will be processed at a charge of £2 per competitor per day. Please also note that to qualify for prizes you will need to retain balanced start times and therefore to process a change request it may be necessary to change times for both days. **Do not ask the start officials to change your start time. Start times will not be changed at the start.**

There will be limited EOD for the Regional Event classes subject to map and start time availability. White, Yellow, Orange Colour Coded and Men's and Women's Novice courses will also be available. The novice courses will be planned to red course standard. For entry on the day, please go to Registration.

Shadowing:

You cannot run a novice, colour coded course or shadow a junior before you run a regional event course. Anyone doing so will become non competitive for their regional event course

Entry on the day (EOD) Fees:

	<i>Own SI card</i>	<i>Hired SI card</i>
Senior Badge	£10.00	£11.00
Junior Badge	£5.00	£5.20
Colour coded/Novice:	£4.00	£5.00

Team Event:

If you have pre-entered, a declaration form is enclosed with these details. Extra forms will be available from team event registration on payment of the appropriate fee and subject to course availability. Team event packs can be collected from team event registration on presentation of a completed form.

String course:

There will be a free string course for young children from 10:30 to 13:00 on Saturday and Sunday. This will be a short way south of the event centre field, on land adjacent to the access road.

Complaints:

Any complaint concerning the competition should be made at Enquiries using the form that will be provided. Any such complaints will be considered under BOF rules and the verdict will be displayed on the notice board. A £5 deposit must be paid if you challenge the verdict.

The Orienteering

Out of Bounds:

All areas outside the campsite and event centre field are out of bounds except while competing on your course. Anyone entering Out of Bounds areas will be disqualified.

Terrain:

The areas are a mix of fast runnable working coniferous forest, oak woodland, moorland and rough open land. Previously used for the White Rose in 1992 and 1999.

Day 1 and the team event will use Heater Rigg to the west of the road leading to the assembly area. This is a largely coniferous plantation with some moorland fringes. Parts of the forest are carpeted with heather, bilberry and bracken and there are brushings in some places. In the centre of the forest, parts are pleasantly open. The western part of the area used by the longer courses includes a complex area of woodland with intricate contour details. The eastern part of the mapped area has recently been affected by significant forestry work that has led to re-planning of most of the day 1 courses to avoid the affected areas. There are two consequential effects. Firstly, on day 1, courses 13 and 14 for the youngest juniors will be separate from the rest with their own start and finish which will be located on the route to the main start and finish. Secondly the distances to the start and back from the finish on both Day 1 and for the team event will be longer than we had originally intended involving walks of 1.6k in each direction. There will be no clothing transfer but competitors on courses 1-12 can leave clothing near the finish as it is very close to the start. You will need to provide your own clothing bag.

Day 2 will use Collis Rigg to the east of the campsite/event centre field. This is an area of coniferous and mixed plantations with blocks of runnable semi-open rough pasture. The longer courses visit a second semi-open area containing numerous abandoned 'bell pits'. All courses will use the same start. Courses 12, 13 and 14 will use the near finish in one corner of the main assembly field whilst all other courses will use the far finish and will have approximately 1km walk back to the event centre field which includes a steep 150m climb. There will be no clothing transfer. There will be a number of compulsory crossing points over walls or fences. Please do not attempt to cross elsewhere. Courses 1-8 cross a river, if in spate a detour to a safe bridge and use of roped crossings may be compulsory, competitors will be advised on the day. A minor road passes through the area. This is a public road but is relatively lightly used. Any road users will be made aware that runners will be crossing the road, though we ask you also to please take care to look for traffic before crossing.

Course lengths: (Subject to final controlling)

Course	Men	Women	Juniors	Day 1 Length km	Day 1 Climb m	Day 1 Start & Finish	Day 2 Length km	Day 2 Climb m	Day 2 Finish
1	21L			8.1	270	Red	9.8	365	Far
2	35L/40L			6.9	225	Red	8.7	305	Far
3	45L/50L/21S	21L	JM5L	5.8	230	Red	6.5	215	Far
4	55L/60L/35S/40S	35L/40L	JM5M/JW5L	5.5	215	Red	6.0	215	Far
5	65L/45S/50S	45L/50L/21S		3.8	65	Red	4.9	200	Far
6	70L/55S	55L/60L/35S/40S	JM5S/JW5S	3.1	60	Red	4.2	195	Far
7	75L/60S/65S	65L/70L/45S		2.6	60	Red	3.9	150	Far
8	70S/75S	75L/50S/55S/60S/65S/70S/75S		2.0	35	Red	3.9	165	Far
9	Novice Men			3.0	55	Red	4.7	115	Far
10		Novice Women		2.6	45	Red	3.6	95	Far
11			JM4/JW4	2.6	40	Red	2.7	95	Far
12		Orange	JM3/JW3	2.0	25	Red	2.4	30	Near
13		Yellow	JM2/JW2	1.9	20	Blue	2.0	20	Near
14		White	JM1/JW1	1.8	20	Blue	1.8	20	Near

Although most courses closely follow BOF guidelines for distance there are two exceptions. On Day 1 Course 4 and on Day 2 Course 8 are approx 1km longer than suggested. This is to give competitors a chance to experience the better quality terrain. The planner and controller both feel the extra distance enhances the quality of these courses)

NB: If the number of entries gets too large in any particular course, then an additional course will be introduced, of a similar length, etc to the original. You will be notified of this at the event.

Map:

1:10,000 with 5m contours 2005 by Acorn Maps. They will be pre-printed & bagged for all courses classes. On day 1 courses 1 to 4 will have A3 size maps and on day 2 courses 1 to 5 will have A3 size maps. All other individual courses and all team event courses will use A4 size maps. Please note that there will be no legend on team event maps.

Blank maps will be on display in the start lanes and at Assembly. If any changes are found to be necessary these will be displayed at assembly and at pre-start. There are crossovers on many courses - please make sure that you visit the controls in the correct order.

Control descriptions:

On both days 1 and 2 courses 1-11 will have pictorial descriptions and courses 12 - 14 will have narrative descriptions. All team event descriptions will be in narrative form.

On both days there are a couple of controls on indistinct paths/tracks. The special description *O* along with the path/track symbol refers to the path/track being indistinct.

On the two individual days loose control descriptions will be available close to registration but not at the start. Please collect these if you require them but try not to let them become litter. In addition, control descriptions will be in the map unit.

Controls:

Control markers will be hung from aluminium stakes. The control numbers and SI units will be on the stakes. The units will flash and 'beep' when your SI card is correctly inserted. There will be no backup punches. If a unit fails, please report the control number to the Finish.

Route to Starts/Finish:

The routes to the starts will be taped from the event centre field The SI Clear station will be at the beginning of the taped route. Please make sure you clear your SI card until it flashes and 'beeps'. Follow the markers to the start area. All woods and moorland adjacent to walking route are out-of-bounds.

Day 1: The red start is 1.6k walk from the event centre field, with some undulation but good surfaces (mainly field or forest road) Allow 30 minutes easy walk. The red finish is close to the start so there is a similar walk back. The blue start is 500m walk (10 minutes) from event centre field and is passed on the way to the red start. The walk back from the blue start to event centre is 500m on forest roads. Please note it will be necessary to cross the minor road immediately adjacent to the event centre field going to and from all course. Please take care.

Day 2: The start is 400m walk from event centre field on forest paths and mainly downhill. Allow 10 minutes. The far finish is approximately 1km walk from the event centre including 150m steep climb. Courses 12 to 14 will use the near finish in the south east corner of the event centre field.

Team Event: The assembly area, start and finish are 1.6k undulating walk from the event centre field and are close to the main day 1 start and finish.

Start procedure:

Individual days:

In order to give balanced start times over the two days, start times will be allocated for all competitors apart from Colour Coded, Novices, helpers and parents who have asked for split starts. It is a timed start and competitors must start at the time allocated. Anyone late for their start must report to the start officials, who will let them start as soon as possible but no time allowance will be given. Start times cannot be changed at the start.

Entries on the day will have a coloured start slip. It is essential that this be taken to the start - no slip, no start. Pre-entered competitors will be checked against the start list and on the day entries must hand in their start slip at -3. SI cards will also be checked at this time. There will be a separate start lane for Colour coded and Novice courses. All courses will have pre-marked maps in boxes labelled for each course after the start line.

Finish:

Please make sure that you 'punch' the finish unit. There will be no map collection, Please do not show your map to anyone else until they have finished. Please go to the Download tent when you get back to assembly, even if you did not complete the course. Any problems must be reported to the Information Point after downloading, not to the download officials.. Please hand in any hired SI cards after you have downloaded on your final day.

Team Event:

A detailed briefing note of the competition arrangements will be provided in the team kits provided when declaration forms are presented at registration. Classes A,B,C and D will be run as team score competitions. Teams will be provided with three identical overprinted bagged maps. The courses will include four compulsory controls which all competitors must visit the rest need be visited by only one team member. Score event rules will apply with the number of points gained determining finish order. Class E teams will have three conventional courses that are to be run simultaneously. Team members decide between themselves who will run which of the three courses. The combined time of the three runners will be used to define finishing positions.

Classes will start from 10:15 and call up will be 10 minutes before each start. Course details are as follows:

<i>Class</i>	<i>Start time</i>	<i>Call up time</i>	<i>Time Limit</i>
A	10:35	10:25	60 minutes
B	10:30	10:20	60 minutes
C	10:25	10:15	60 minutes
D	10:20	10:10	45 minutes
E	10:15	10:05	-----

Course lengths assuming only the compulsory controls are visited and technical difficulty are as follows:

Class A:	TD5	2.5km
Class B:	TD5	2.5km
Class C:	TD3	2.1 km
Class D:	TD2	1.8 km

The three courses for class E teams are TD2 standard and are 1.5k, 1.8k and 2.3k respectively.

In class A, B, C and D the three members of each team must finish together and to provide for this the starting pen will be used as a holding box prior to the finish. Team members must wait here till all three members have arrived. They then proceed to the finish at which all three must dib. Competitors may wish to leave clothing and drinks in the Start box for when they are waiting the return of their colleagues. Please make sure that you 'punch' the finish unit. Don't forget to download and after downloading please hand in any hired SI cards.

Prizes will be awarded to the first 3 teams in each class complying with the following categories:

- A No restriction
- B 120+ teams, all women teams, at least 1-woman teams, Ad hoc
- C 120+ all women teams, 160+ teams, Families (2 parents + 1 junior child)
- D 48- teams, 48- women's teams, Families (1 parent + 2 junior children)
- E 3 x M/W12

All team event classes are open - members of any age, either sex, and from any club

Cancellation:

In the event of cancellation due to unforeseen circumstances, a notice will be posted on the Ebor web site, and a message left on the BOF Answerphone. Eborienteers reserve the right to retain all or part of the entry fees to cover costs.

Entry enquiries:

If you believe that a mistake has been made, please contact Catherine Harrison by telephone 01904 761120 (before 9pm please) or e-mail. Late entries can also be made up to 20th August preferably by email to whiteroseentries@btinternet.com. These will be accepted subject to receipt of payment before the event, subject to map and course availability.

Results:

Results will be promptly posted on the Eborienteers website, www.eborienteers.org.uk. Printed copies will be mailed to those who have paid for them as soon as possible after the event. If you have not prepaid and want a printed copy, you must leave an SAE and £2 at Registration.

Safety:

Leg cover is compulsory. You will not be allowed to start if you are wearing shorts. Whistles advised. Lone runners should leave their car-keys & details at Enquiries. Competitors and spectators attend the event at their own risk. Please look after your property and in particular lock any valuables out of sight. Do not leave unattended cars unlocked. Eborienteers accept no liability for loss or damage to property or persons however caused.

Ebor MBO Entry Form

Duncombe 29/08/05

Solo/Team member 1

Team member 2

Name
TCA No.
SI card No.
Club/Town
Telephone
Email
Age 01/01/05.....
Class entered.....
Event Fee £.....enclosed
I/We agree to abide by the TCA rules and enter this event at my/our own risk
Signed

Team combined age

Cheque to 'Ebor MBO'

Send your entries by 22nd August to guarantee a pre-marked map.

By post to Sue Adams, 23 The Chase, Boroughbridge, N. Yorks. YO51 9JT

By email to chaseboro@ntlworld.com