



Barns Cliff

Regional Event

(incorporating Future Champions Cup)

Sunday 10th April 2005

Final Details

Travel and Parking

Car parking/assembly at Lownorth Park (GR: SE 947953 on OS Landranger 101) about 4km west of Harwood Dale village.

Signposted from the A171 at GR: 956995 north of Cloughton and from the A170 at GR: 989849 at West Ayton. The route from West Ayton to the event involves a further 13km along narrow country roads – approach with care!

The car park charge is £2.00 – please have cash ready.

Entries on the Day

There will be limited entry on the day for badge and colour courses (white, yellow, orange and light green) subject to map availability.

Entry fees: **Badge EOD** Adults - £9.00 Juniors/students - £4.50
 Colour EOD Adults - £2.00 Juniors/students - £1.00

SportIdent electronic punching will be used

SI card hire Adults - £1.00 Juniors/students – 20p

EOD registration from 1000 to 1200hrs.

Assembly

The car park, start, finish, string course, enquiries and download are all in close proximity. Toilets will be available nearby. Enquiries, Registration (for entry on the day and colour coded courses) and download will be in a Portakabin adjacent to the car park. We expect **Compass Point** and **Wilfs** to be at the event.

Terrain

The competition area includes complex and highly detailed hillsides, mixed coniferous and deciduous forest, rough open areas and fast runnable beech forest.

All courses start and finish in Lownorth Park which is used regularly by Scarborough & District Motor Club for motorcycle competitions. Although the main race tracks are marked on the map and can be crossed, fencing and ropes alongside them have been omitted. Please be aware that there are minor tracks created by the motorcycles which may not be marked on the map.

Courses 10, 11 and 12 are confined to Lownorth Park and do not cross the river or roads used by cars. In the event of very wet weather, competitors may find it easier to follow the ropes beside the tracks, as the tracks can be very slippery. Please make juniors aware of this if necessary.

Courses 1 to 9 and 14 cross Lownorth Park Beck and are routed via the one footbridge both ways. The footbridge is narrow so please be courteous to your fellow competitors and walkers when crossing. Course 13 uses the footbridge to enter the Barns Cliff area with a separate river crossing to come back. Courses 1-5,7,8,13,14 cross a north-south fence with barbed wire on the slope south of Lownorth Park. There are 4 marked crossing points and you may use any of these.

Courses 1, 2, 13 and 14 cross a smaller river, running north to south, to access a beechwood plantation. There are no marked crossing points and competitors should cross with care.

The climb on the courses has been calculated using straight line routes. Optimum routes in Barns Cliff will significantly reduce the climb.

Future Champions Cup Courses 13 (JM5L) and 14 (JW5L): Barns Cliff offers many similarities to Swiss terrain (JW2005), with steep, rocky, runnable forest and lots of contour features. Courses have been planned with this in mind and are therefore longer than BOF recommendations for a Regional event.

Safety

Competitors take part at their own risk and are responsible for their own safety. You are strongly advised to carry a whistle and protective clothing appropriate to the conditions of the day. In very poor

conditions, the organiser and controller may require that cagoules must be carried. In this circumstance, signs will be placed where you enter the car park and cagoules will be checked at the start.

If you are travelling on your own you can leave your car keys with enquiries as a further check that you have returned safely.

Map

Scale 1:10000 5m contours. Originally produced from a survey by Peel Land Surveys for White Rose 2003 and updated in 2005. All maps will be bagged.

Control Descriptions

Available on www.eborientees.org.uk, at registration and overprinted on the maps.

Controls

If a Sportident box is not working when you reach the control, please report the problem to the download.

Starts/Finish

The start will be close to (less than 3 minutes walk) the car park. There will be a punching start with starts at 1 minute intervals on most courses. There will be flexibility regarding start times for most courses and subject to the start official's discretion; most competitors will be able to start as soon as there is a space on your course.

M/W18's aiming for JWOC2005 selection on courses 13 and 14 and M/W16s on (courses 4 and 6) must start at their allotted start times. Any competitors on these courses that arrive late will be allowed to start, but will be required to wait until there is a 4 minute space between them and the starter in front.

The finish is less than 100m from the car park. You must punch at the finish and report to download after finishing.

String Course

A free string course is available for children of all ages adjacent to the car park.

Dogs

No dogs except on leads in Car Park

Results

In assembly area and on www.eborientees.org.uk

Courses

Courses Close at 3.00pm

Course Details (subject to final adjustment)

Course	Length	Climb	No of controls	Classes
1	7.5km	485m	21	M21L
2	6.7km	435m	19	M35L, M40L
3	5.6km	370m	18	M21S, M45L, M50L, W21L
4	4.7km	260m	16	JM5M, M35S, M40S, M55L, M60L, W35L, W40L
5	4.0km	205m	12	M45S, M50S, M65L, W21S, W45L, W50L
6	3.4km	180m	12	JM5S, JW5S, M55S, M70L, W35S, W40S, W55L, W60L
7	3.0km	150m	10	M60S, M65S, M75L, W45S, W65L, W70L
8	2.5km	85m	8	M70S, M75S, W50S, W55S, W60S, W65S, W70S, W75L, W75S
9	2.2km	65m	12	JM4, JW4
10	2.4km	65m	15	JM3, JW3
11	1.9km	45m	13	JM2, JW2
12	1.1km	40m	11	JM1, JW1
13	7.1km	460m	22	JM5L/M18L
14	5.5km	390m	19	JW5L/W18L

Officials

Organiser: Bill Griffiths 07710 002961 bill.griffiths@westler.com

Planners: Brian Odell, Peter Watson, Dawn Watson (courses 1-12)
Barrie Speake and Matthew Speake (courses 13-14)

Controller: Paul Taylor (CLOK)