



eborienteers

White Rose Weekend 2004

27th - 30th August

Pre-entry Final Details

Officials:

Event co-ordinator: Roger and Ann Smith 01347 821220 before 9pm
e-mail roger.smith100@btopenworld.com

Planners Steve and Cath Wilson
Controller: David Morgan- EPOC
Bike O Organiser: Steve Willis
Bike O planners: Steve Kendall & John Neaves

Sponsors:

Once again Yorkshire Water are generously supporting the White Rose by providing our drinking water free of charge. William Birch Plant Hire have provided office accommodation at very favourable rates. The army and Osbaldwick Scouts have supplied us with equipment and Forest Enterprises have been most cooperative and helpful.

Directions/Parking:

The event centre, campsite and day car parking will be at High Rigg Farm, Dalby Forest, GR SE 871888. The event will be signed from the A170 in the centre of Thornton Dale, 3km east of Pickering. Heavy traffic occurs in this area at Bank Holiday periods. The cross roads in Thornton Dale can be a difficult one if you approach it along the minor road from the south. Better to approach along the A170 from Pickering.

Head north from the centre of Thornton Dale, signed to the Forest Drive. In 2km, turn right onto the Forest Drive and follow the drive for about 5km, passing through Low Dalby en route. Turn right to High Rigg Farm, which is 1.5km up the hill.

IMPORTANT -- IF YOU SHOW THIS FINAL DETAILS LEAFLET AT THE TOLL BOOTH ON THE FOREST DRIVE YOU WILL NOT HAVE TO PAY THE £5 TOLL.

When you enter the field please obey the instructions of the marshals and park neatly. Your parking pass is enclosed with these details and must be displayed in your windscreen at all times. If you have not ordered a pass, car parking is £1 per car per day. The Event Centre and Camping are in the same field as some of the parking. A strict speed limit will be in place and must be adhered to at all times. These measures are in place for everyone's safety and anybody not following the camp rules will be asked to leave immediately.

No one will be allowed to drive away from the event before 13.00, each day.

Facilities:

Portaloos, drinking water, and a skip will be provided. Tents will be provided for washing in. Ultrasport, CompassPoint, Wilfs, and Fat Pigs will be in attendance. Please make your own arrangements for milk and other essentials.

Event Centre/car parking:

The Event Centre, campsite and main car park will all be in the same field. Secondary car parking will be about 0.5 km away.

Campsite:

The campsite will be available from 4pm Friday to 4pm Monday. Vehicular access will not be permitted between 10.00pm and 8.00am each day. Your campsite pass is enclosed with these details. Please have it ready for checking when you arrive. Clearly display it on your tent/caravan in the polythene bag provided. Please follow the instructions of the Campsite registration team.

The area available for camping is limited. Please park/camp in as small an area as possible. If you don't need your car next to you, please leave it in the car parking area. If we run out of space, you may be asked to move your car. Please co-operate with the Campsite team.

We will try to help you camp with your friends whenever possible. You can contact the Event Coordinator with details of the number of adjacent tent pitches and car parking you require. Alternatively, the first one of your group to arrive can sort things out with the Campsite team.

Fire Hazards:

It is your responsibility to have fire-fighting materials to hand - e.g. containers of water, blankets. Ebor will provide a number of water buckets but it will be impossible to provide enough in the right places to cover all possible incidents.

Noise:

Please show consideration for other campers at all times. In particular, please be quiet after 10.00pm. No cars will be allowed on the road between the Forest Drive and the campsite (i.e. the last 1.5km) after 10.00pm. There is an independent caravan site at High Rigg Farm and the farmer has asked that we show consideration for both himself and his guests by minimising noise at night. If anyone contravenes these rules, they may be required to leave the campsite immediately and will be disqualified from the competition.

Dogs:

On lead only please in car park, camping and assembly areas only.

Waste Disposal:

We tried to interest the Local Authority in providing recycling facilities but they would only do it at a price that was unaffordable. In the interests of the environment, we ask you to take away and recycle, as much plastic, glass and metal as you can. Anything that you throw into the skip provided should be crushed to minimum size. If you do throw them into the skip, please crush cans flat and also squash plastic bottles, before screwing the top back on, in order to minimise the space they occupy.

Trophies and Prize giving:

The White Rose Trophies are based on the cumulative times for Days 1 and 2. Prizes will be awarded to the first 3 in all badge classes.

The Yorkshire Water Trophy is awarded each year to the Family with the best performance over the Day 1 and Day 2 Badge events. It is to be awarded to the Family (defined as three members of the same family to include at least one Junior running a JM or JW class and one senior) with the lowest aggregate score over the 2 days in any badge class. (1 point for first places, 2 for second, 3 for third etc.) If you wish to be considered for this Trophy you should submit your details to the Information Point before 15.30 on Sunday.

The Badge event prizegiving will take place at 16:30 on Sunday at the event centre. The Relay prizegiving will be at 14:30 on Monday in the Relay assembly area.

Times:

	Friday	Saturday	Sunday	Monday
Campsite opens:	16:00	08:00		
Campsite closes:	22:00	22:00	22:00	16:00
Information:	17:00-19:00	09:00-15:00	09:00-15:00	08:00-09:00
Registration:				
EOD Badge and Colour Coded, SI-card hire/collection:	17:00-19:00	09:00-12:30	09:00-12:30	
Relay registration:	17:00-19:00	09:00-12:30 16:00-18:00	09:00-12:30 15:00-16:30	
Start times:		10:30-13:30	10:30-13:30	10:30-11:00
Courses close:		16:00	16:00	15:00
String course		10:30-13:00	10:30-13:00	
Prizegiving:			16:30	14:30

Bike O:

There will be 2 hour Score Bike O event on Sunday afternoon
Pre-marked map. Entry fees £7/£3.50
See page 6 of this document

Competition Details

Registration

E-punching:

All badge, colour coded and relay courses will use SI Electronic punching. SI cards can be hired at Registration. If you are not sure how to use this, help will be available at Enquiries.

SI cards: ('dibbers')

Please use the same SI card for all days. To avoid confusion at the Relays, please do not share SI cards. In particular, the same SI card must not be used for different relay legs. Cards may be hired for £1 a day at Registration. Pre-paid hired cards can be collected from the same point. Please hand in any hired SI cards after downloading on your last day. Note that a £20 charge will be made for lost SI cards.

Registration/Entries on the day:

Your start times are enclosed with these details. You do not need to register again. Go directly to the Start. If you have good reason, it may be possible for you to change your course and/or time on the day, subject to map and start time availability - please go to Registration.

There will be limited EOD for the Badge classes subject to map and start time availability. White, Yellow, Orange and Red Colour Coded courses will be available. You cannot run a Colour coded course or shadow a Junior before you run a Badge course. For entry on the day, please go to Registration.

Entry on the day (EOD) Fees:

	<i>Own Si card</i>	<i>Hired SI card</i>
Senior Badge	£11.00	£12.00
Junior Badge	£5.50	£6.50
Colour coded:	£4	£5

Relays:

If you have pre-entered, a declaration form is enclosed with these details. Extra forms will be available from relay registration on payment of the appropriate fee, subject to course availability. Kits can be collected from relay registration on presentation of a completed form. To help avoid problems, please run in the declared order and do

not share SI cards. Since the publication of the first flyer, we have had a request for an Ad-hoc class to cater for those who feel unable to run Class A. If you feel this is the only option for you, then enter "Class B - Adhoc".

String course:

There will be a free string course for young children from 10:30am to 1pm on Saturday and Sunday

Complaints:

All complaints must be made at Enquiries using the forms provided and will be considered under BOF rules and the verdict displayed on the notice board. A £5 deposit must be paid if you challenge the verdict.

The Orienteering

Bike O:

See separate enclosed details.

Out of Bounds:

All areas outside the campsite and event centre are out of bounds except while competing on your course. Anyone entering Out of Bounds areas will be disqualified.

Terrain - all days:

The majority of this area has not been used for orienteering since the mid 1980's and varies from naturally reseeded fast, runnable & mature deciduous forest to younger replanted coniferous woodland. The area is a typical working forest, characterised by long NE / SW spurs and valleys with a good path network and some areas of mine working. It will offer great route choice legs and a number of interesting technical problems. Day 1 and the relays use the northern part of the area, whilst Day 2 uses the southern section.

The area is fairly hilly and so course lengths have been reduced to take this into account. There are also some areas of seasonal undergrowth (bracken & brambles) indicated on the map by a green screen. The undergrowth is likely to significantly impede progress and so courses have been planned so that the optimum route will avoid the worst of this. Bracken growth also affects a number of small rides in the area. Where these rides form part of junior courses, paths will be cut through the bracken.

Dalby Forest is popular with mountain bikers, and there are a number of suggested mountain bike routes that pass through the areas used for all three days of the competition (See also note below, under Day 1 Start). The mountain bikers will be made aware that the event is taking place. Please be alert for bikers, and allow them room to pass where necessary.

A minor road passes through the area used for Day 1. This is not a public road, and is used for access only so very little, if any, traffic is expected. Any road users will be made aware that runners will be crossing the road, though we ask you also to please take care to look for traffic before crossing.

The southeastern section of the area used for Day 2 is also used for Quad-Biking. It is possible that those with a very late start may be aware of quad bikes. They make a loud noise! Please be cautious if this happens to you. A number of the paths in this area, which form part of the quad-biking route, may be churned up. Only the longer courses (1-6) should be affected by this.

Course lengths: (Subject to final controlling)

Course	Men	Women	Juniors	Day 1 Length km	Day 1 Climb m	Day 2 Length km	Day 2 Climb m
1	21L			9.2	350	9.2	440
2	35L/40L			8.3	340	8.2	410
3	45L/50L/21S	21L	JM5L	6.8	300	6.8	240
4	55L/60L/35S /40S	35L/40L	JM5M/JW5L	5.6	230	5.6	230
5	65L/70L/45S /50S	45L/50L/21S/35S/40S		4.8	190	4.9	230
6	75L/55S/60S	55L/60L/45S/50S	JM5S/JW5S	3.7	160	3.9	170
7	65S/70S	65L/70L/75L	JM4/JW4	3.4	170	3.4	130
8	75S	55S/60S/65S/70S/75S		2.8	120	2.7	80
9			JM3/JW3	2.6	90	2.7	70

10			JM2/JW2	2.0	70	2.1	50
11			JM1/JW1	1.6	60	1.1	30
12	White	White		1.6	60	1.1	30
13	Yellow	Yellow		2.0	70	2.1	50
14	Orange	Orange		2.6	90	2.7	70
15	Red	Red		4.9	230	4.8	130

NB: If the number of entries gets too large in any particular course, then an additional course will be introduced, of a similar length, etc to the original. You will be notified of this at the event. E.g. Competitors on course 5 may be split between 5A and 5B.

Map:

1:10,000 (1:15,000 courses 1 & 2) 5m contours 2004 by Peel Land Surveys. Pre-printed & bagged for all Badge and Relay and colour coded classes. Blank maps will be on display in the start lanes and at Assembly. Significant changes will be displayed at Assembly and in Pre-start. There are crossovers on many courses - please make sure that you visit the controls in the correct order.

Control descriptions:

Because we are using the same area for all days, Control descriptions will not be available in advance. The descriptions will be available in the start lanes at -3 for days 1 and 2. In addition, control descriptions will be printed on the front of the badge event maps and stuck on the back of the relay maps.

Controls:

Control markers will be hung from aluminium stakes. The control numbers and SI units will be on the stakes. The units will flash and 'beep' when your SI card is correctly inserted. There will be no backup punches. If a unit fails, please report the control number to the Finish.

Route to Starts/Finish:

All days: The routes to the starts will be taped from the event centre. The SI Clear station will be at the beginning of this taped route. Please make sure you clear your SI card until it flashes and 'beeps'. Follow the markers to the start area. All woods on the way to the start are out-of-bounds.

Day 1: The start is 750m walk from assembly, with minimal climb. Allow 10 minutes. The finish is 600m walk (10 minutes) from the event centre.

The route to the start and the warm up area before the start is along a track that also forms part of one the Dalby Forest suggested mountain bike routes. Please try to walk along the edges of the track to allow any bikers to pass through easily. All forest to either side of the track is OOB before starting the competition and we ask you not to use it for warming-up.

Day 2: The start is 2.5km walk from assembly, with 60m climb. Allow 30 minutes. The finish is 2.0km walk (20 minutes) from the event centre. We apologise for the slightly long distances to and from the start and finish on this day. These were necessary to make full use of the area.

Relay: The assembly area, start and finish are next to the event centre. There is ample space for club tents.

Start procedure:

Badge/colour coded:

In order to give balanced start times over the two days, start times will be allocated for all competitors apart from Colour Coded, helpers and parents splits. Pre-entered competitors must start at the time allocated. It is not a punching start. Late starters must report to the start officials, who will let you start as soon as possible. Start times cannot be changed at the start, but under certain circumstances these can be changed at registration before proceeding to the start. Entries on the day will have a coloured start slip. You must bring your start slip to the start. Please hand in your start slip when called up at -4 where your SI card will be checked. There will be a separate start lane for Colour coded. Control descriptions will be available at -3. Badge courses will have pre-marked maps in boxes labelled for each course after the start line. Colour coded courses will have Master Maps after the start line.

Relay:

Map units will be sealed in a bag with a label that must not be broken until you start. Control descriptions will be written for all courses and will be attached to the front of the map. Changeover will be by touch. Maps will not be collected – please do not show your map to anyone else until the competition has ended. Call up will be 10 minutes before each start.

<i>Class</i>	<i>Course combination</i>	<i>Start time</i>	<i>Call up time</i>
A	A1, A2, A3	10:30	10:20
B	B1, B2, C1	10:35	10:25
C	B1, C1, D1	10:40	10:30
D	C1, D1, E1	11:45	10:35
E	E1, E2, E3	11:50	11:40

<i>Course</i>	<i>Length</i>	<i>Climb</i>	<i>TD</i>	<i>Course</i>	<i>Length</i>	<i>Climb</i>	<i>TD</i>
A1	4.7k	170m	5	B1	4.1k	135m	5
A2	4.8k	175m	5	B2	4.2k	135m	5
A3	4.8k	175m	5	C1	3.2k	115m	5
D1	3.0k	60m	3	E1	2.1k	50m	2
E2	2.1k	50m	2	E3	2.0k	50m	2

Prizes for first 3 teams in the following:

A	No restriction
B	120+ teams, all women teams, at least 1-woman teams, Ad hoc
C	120+ all women teams, 160+ teams, Families (2 parents + 1 junior child)
D	48- teams, 48- women's teams, Families (1 parent + 2 junior children)
E	3 x M/W12

All relays are open – members of any age, either sex, and from any club

Finish:

Finishes will be manned. Please make sure that you 'punch' the finish unit. There will be no map collection, Please do not show your map to anyone else until they have finished. Yorkshire Water will be provided at the finish. Please go to the Download tent when you get back to assembly, even if you did not complete the course. Any problems must be reported to the Information Point, not to Download, after downloading. Please hand in any hired SI cards after you have downloaded on your final day.

Cancellation:

In the event of cancellation due to unforeseen circumstances, a notice will be posted on the Ebor web site, and a message left on 01347 821220. Eborienteers reserve the right to retain all or part of the entry fees to cover costs.

Entry enquiries:

If a mistake has been made, please contact P Watson, Briar Cottage, 7 Beckside, Wilberfoss, York YO41 5NS 01759 388269 (before 8pm please). Late entries can be made up to 21st August preferably by email to peterwatson_bc@btinternet.com provided that payment is received before the event, subject to map and course availability.

Results:

Results will be promptly posted on the Eborienteers website, www.eborienteers.org.uk. Printed copies will be mailed to those who have paid for them as soon as possible after the event. If you have not prepaid and want a printed copy, you must leave an SAE and £2 at Registration.

Safety:

Leg cover compulsory. Whistles advised. Lone runners should leave their car-keys & details at Enquiries. Competitors and spectators attend the event at their own risk. This is a tourist area – please look after your property and in particular lock any valuables out of sight. Do not leave unattended cars unlocked. Please respect other users of the area. Dalby Forest is a popular mountain biking area. **YOU SHOULD TAKE GREAT CARE NOT TO COLLIDE WITH A BIKE. IT HURTS!** Eborienteers accept no liability for loss or damage to property or persons however caused.

**SUNDAY 29TH AUGUST DALBY FOREST SOUTH, PICKERING
EBORIENTEERS/TCA MOUNTAIN BIKE ORIENTEERING EVENT**

THIS IS THE EIGHTH OF ELEVEN EVENTS IN THE NORTH YORKS. LEAGUE

VENUE GR865888 High Rigg Farm, 4 miles NNE of Thornton le Dale
Follow the Dalby Forest Drive signs past the Low Dalby Visitor Centre

COURSE 2 hour SCORE event (and a 60 minute option for novices)
Normal kites with Sport Ident electronic punching

TERRAIN The southern half of the forest with a good network of forest roads and tracks plus the linking bridleways and numerous steep valleys.

MAP Overprinted 1-20,000 colour map (based on OS Outdoor Leisure 27)

REGISTER 2.00 - 2.45 **STARTS** 2.30 - 3.00

FEES SENIORS £8.00 JUNIORS/STUDENTS £4.50
Full TCA members deduct £2.00 for insurance
Associate TCA members deduct £1.00 for insurance
Ebor/Clok members deduct 50p
Own SI card - deduct 50p
(1-hour course - £3.50 per map/group plus insurance)

ORGANISER STEVE WILLIS steve@aldborough.freeserve.co.uk (01423-323435)
Denholme, Aldborough, Boroughbridge, York YO51 9EX

PLANNERS STEVE KENDALL & JOHN NEAVES

- You must wear a helmet at all times.
- You can compete solo or in pairs
- Pairs must always stay together and will both carry a Sport Ident card.
- Please show courtesy to local residents and visitors.
- At registration you will receive your SI card and description list
- One minute before you start you will receive a pre-marked, bagged map
- There are 30 controls worth 525 points
- Results will be posted on the Ebor, Clok & TCA web pages
www.eborienteers.org.uk www.clok.org.uk www.trailquest.co.uk
- If you want a personal copy leave your Email address or fill in an envelope.

BRING THIS FLIER WITH YOU TO AVOID PAYING THE FOREST TOLL
THIS EVENT IS PART OF THE WHITE ROSE ORIENTEERING EVENT SO CAMPING AVAILABLE.
CHECK OUT THE WEB PAGE FOR DETAILS

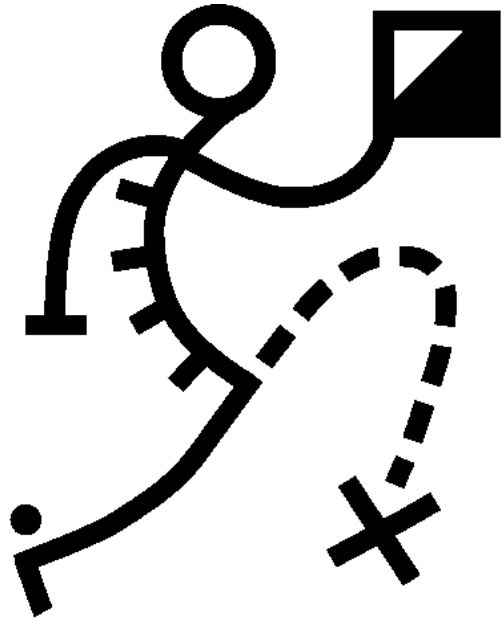
-		-	-	-	-	-	-	-	-	-	-
Ebor Bike Orienteering Entry Form						Dalby Forest 29/08/04			Solo/Team		
member 1			Team member 2								
Name
TCA No.
SI card No.
Club/Town
Telephone
Email
Age 01/01/04
Class entered
Event Fee	£.....
I/We agree to abide by the TCA rules and enter this event at my/our own risk											
Signed

Post or email by 23rd August to guarantee a pre-marked map

White Rose Weekend 2004

Alternatives to Orienteering

- First of all, have a look on the Ryedale Tourist Board website- www.ryedale.gov.uk/tourism
- Dalby Forest Bike Hire, The Old Woodshed, Low Dalby, Pickering
Tel 01751 460 400, or 07773 073262
www.dalbyforestbikehire.co.uk
Trail maps available.
Advisable to book in advance if you want to hire a bike.
- North Yorkshire Motor Museum
Thornton Dale tel 01751 474455
- North Yorkshire Moors Railway - steam railway into Heartbeat country
Pickering tel 01751 472508
- Forest Enterprises - Fishing in Dalby Forest. Permits £3 per day from the Low Dalby Visitor Centre
- Pony and Trap rides in Dalby Forest
Pam Welburn 01751 460315



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