

EBOR MBO

PRESENT THE

BLACK SHEEP

MOUNTAIN BIKE MARATHON

TRAIL CYCLIST ASSOCIATION APPROVED EVENT

ROUNDS 8 AND 9 OF THE NORTH YORKSHIRE MBO LEAGUE
ROUND 2 OF THE TRAILQUEST MARATHON LEAGUE
(Final round at Grizedale Forest on 24/25th September)

SATURDAY AND SUNDAY
10TH AND 11TH SEPTEMBER 2005

EVENT PROGRAMME

SATURDAY - STARTS BETWEEN 9.00 AND 10.00
6 HOURS IN WENSLEYDALE

SUNDAY - STARTS BETWEEN 9.00 - 10.00
5 HOURS IN SWALEDALE

Prizes for this weekend have been sponsored by Black Sheep Brewery
Prizes for the marathon series have been sponsored by RAB clothing
Prizes for the North Yorkshire MBO League have been sponsored by
Westbrook Cycles and York Cycleworks.

This event is organised on similar lines to the Summer Polaris. You will
return to the event centre both days so no need to carry a tent!!
Entries are welcome from riders who just want to compete on one day.

ASSEMBLY	Askrigg Primary School, Wensleydale GR945909
TRAVEL	Leave the A684 at Bainbridge and head east towards Askrigg. The school is on the left after 1 mile.
FACILITIES	Camping, parking, toilets, hot refreshments, bar
REGISTER	Friday 20.00 - 22.00 Saturday & Sunday 08.00 - 09.45
CAMPSITE	Open from Friday evening until Sunday afternoon Suitable for tents and caravans Fat Pigs will be catering all weekend
MAPS	Pre-marked 1:50,000 OS extract both days
START/FINISH	Same for both events on the school playground
CHECKPOINTS	These will be identified with a 20cm square red/white foamex marker with an electronic punch attached.
PRIZES	Prizes will be awarded at 3.30 on Sunday
PLANNER	Steve Willis
ORGANISER	Steve Willis 01748 821498 steve@aldborough.freeserve.co.uk 42 Stanley Grove, Richmond DL10 5AU

Pre-entries received by the organiser by 5th September will guarantee pre-marked maps. If you decide to enter on the day there is no surcharge but you may have to copy from master maps so bring your own OL30 map. We are using the SportIdent Electronic punching system for both events. If you have your own SI card please enter the number on the entry form. Every competitive rider must have an SI card whether they are riding solo or in pairs.

- At registration you will receive your SI card and description list
 - Go to the start when you are ready.
 - 1 minute before you start you will receive a pre-marked, bagged map
 - There are 30 controls worth 525 points
 - Free Fat Pigs meal for all riders on both days.
 - Results will be posted on the Ebor, Clok & TCA web pages
www.eborienteers.org.uk www.clok.org www.trailquest.co.uk
- If you want a personal copy leave your Email address or fill in an envelope.

Equipment for both events

- Roadworthy and well-maintained bike
- Helmets are compulsory and must be worn at all times
- First aid kit of at least a dressing, crepe bandage & plasters
- Puncture repair kit or jelly-filled tyres and simple tool kit

Rules

- The mountain bike code must be followed at all times.

- All footpaths are always out of bounds to cyclists so please stick to bridleways, by-ways and roads
- You should not do anything that you would consider cheating if someone else did it. Marshals will disqualify anyone taking an unfair advantage.
- Pairs must remain together at all times and must both use their own electronic punch at the control
- Please close all gates, pass walkers and horse riders courteously and respect the local community
- You must report to the finish even if you retire

Classes

- A Men 17-39
- B Women 17-39
- C Vet men 40 -49
- D Vet Women 40-49
- E Super Vet Men 50+
- F Super Vet Women 50+
- G Generation Team (Youth 12-16, Adult 18+)
- Q Mixed Vet Team (1 man/1 Woman 80+)
- X Mixed Team (1 man/1 Woman 34+)
- Y Youth (12-16)
- Plus Over 60 classes
- NC Non-competitive (Any age/gender)

Penalties (Both days)

1 -5 mins.	1 point per minute
6 -10 mins.	2 points per minute
11 -15 mins.	5 points per minute
16 -20 mins	10 points per minute
21 -30 mins.	15 points per minute
31 mins. +	Lose all points

ENTRY FEES - per person per day

SENIORS £13.00 JUNIORS/STUDENTS £6.50

Full TCA members deduct £2.00 for insurance

Associate TCA members deduct £1.00 for insurance

Ebor/Clok members deduct 50p

Own SI card - deduct 50p

Entering both days - deduct 50p

(3 hour NC course - £6 per map/group)

EBOR MBO ENTRY FORM BLACK SHEEP MARATHON 10&11/09/05

Solo/Team member 1

Team member 2

Name
 TCA No.
 SI card No.
 Club/Town
 Telephone
 Email
 Age 01/01/05.....
 Class entered.....
 Event Fee £.....enclosed

.....
 Team combined age
 Cheque to 'Ebor MBO'

I/We agree to abide by the TCA rules and enter this event at my/our own risk.

Signed (Parent if under 18) 1.....2.....

Name	Saturday 6-hour MBO	Sunday 5-hour MBO	Friday camp £1	Saturday camp £1	Fee
				Total	

By post to Sue Adams, 23 The Chase, Boroughbridge, N. Yorks. YO51 9JT
 By email to chaseboro@ntlworld.com

Please make cheques payable to 'Ebor MBO'

£1 of every entry fee each day will be donated to the
 Yorkshire Dales Millennium Trust
 and the Richmond Station Regeneration Project.