

NJL Southern Medway Div Round:2 RESULTS
Eltham, Sutcliffe Park, Sun 25 May 2008

M 100m A

1 Stefan Mitchell	CBG 11.3
2 Dami Segun u17	CRD 11.4
3 James Alcock U17	M&M 11.5
4 Will Allingham	ASF 11.6
5 James Farmer	TBG 11.7
6 Ben Abbott	PDW 12.1
7 Jack Fox	DTF 12.3

M 100m B

1 Lee McLaughlin	CRD 11.2
2 Lewis Elliot U17	ASF 11.6
3 Arthur Tanoh	CBG 11.7
4 Stuart Hollins	TBG 11.8
5 Patrick Ransom U17	PDW 12.0
6 Paul Williams	DTF 12.0
7 Jimmy Fielding U17	M&M 12.1

M 200m A

1 Oweka Wanagho	CRD 22.4
2 Will Allingham	ASF 22.7
3 Chris Ford	TBG 23.0
4 James Alcock U17	M&M 23.1
5 Arthur Tanoh	CBG 23.2
6 Jo Ago	BXL 23.6

M 200m B

1 Dami Segun u17	CRD 22.9
2 Lewis Elliot U17	ASF 23.0
3 Josh Barlow	CBG 23.7
4 Jimmy Fielding U17	M&M 24.3
5 Duncan Steward	TBG 24.5

M 400m A

1 Tim Burt	ASF 50.9
2 Jo Ago	BXL 51.2
3 Lee Coogan	CBG 52.5
4 James Wildish	TBG 53.2
5 Sean Hannant-Smith17	M&M 54.9
6 Peter Yearsley	PDW 56.6
7 Philip Butler	DTF 58.7

M 400m B

1 J.Northcott-Barlow	CBG 53.3
2 Stuart Hollins	TBG 53.9
3 Josh Fairclough	ASF 54.7
4 Patrick Ransom U17	PDW 56.1
5 Robert Hackney	M&M 57.0
6 James Peeney U17	BXL 62.2

M 800m A

1 Kurt Wolfe	TBG 1.58.4
2 Sam Murphy	CBG 1.59.5
3 Joe Smith	M&M 2.05.8
4 Ali Yahye U17	CRD 2.08.7
5 Rob Dennis	ASF 2.12.4

M 800m B

1 Alex Hookway	TBG 2.03.0
2 Michael Barton	CBG 2.09.9
3 Marc Cryer U17	M&M 2.13.4
4 Chris Blandford U17	ASF 2.13.5

M 1500m A

1 Isaac Harland	TBG 4.08.0
2 Frank Kilama	BXL 4.09.2
3 Lee Coogan	CBG 4.11.7
4 Andy Coe	ASF 4.20.7
5 James Hogg	M&M 4.23.4
6 Ali Yahye U17	CRD 4.43.9

M 1500m B

1 Seb Harding U17	TBG 4.13.0
2 Joe Smith	M&M 4.30.7
3 Andy Robertson	ASF 4.44.7

M 3000m A

1 Sam Bradley	TBG 8.43.2
2 James Myatt	M&M 9.46.9
3 Nick Wood U17	DTF 9.58.7
4 Liam Corcoran	CBG 10.03.3
5 Sam Risby U17	BXL 10.08.6
6 Jo McGregor	PDW 10.11.2
7 Dylan Jones	ASF 10.33.7

M 3000m B

1 Nick James	TBG 8.54.8
2 Ryan Williams U17	DTF 10.30.1

M 110mH A

1 Chris Wakeford	TBG 14.5
2 Robert Hackney	M&M 18.4

M 110mH B

1 Aaron Waterman	TBG 20.2
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M 400mH A

1 Gareth Morris	ASF 58.0
2 Jack Parsons	TBG 59.1
3 Jamie Farrell	BXL 62.9
4 Robert Hackney	M&M 64.1
5 Liam Corcoran	CBG 69.0

M 400mH B

1 Aaron Waterman	TBG 62.1
2 Josh Rowlands	ASF 67.5
3 Charlie Roseman U17	CBG 70.5

M 2000m Sc A			M 2000m Sc B		
1	Sam Murphy	CBG 6.33.6	1	James Cotterill U17	TBG 6.51.5
2	Will Mitham U17	TBG 6.48.0	2	Liam Corcoran	CBG 7.04.9
3	Philip Butler	DTF 7.13.4	3	Steven Caller	DTF 7.23.8
4	David Ryan U17	M&M 7.17.7	4	Josh Elderfield U17	M&M 7.56.0
5	Jo McGregor	PDW 7.33.7			
M Discus Throw A			M Discus Throw B		
1	C. Griffith Parker	CBG 62.34	1	Craig Lacy	CBG 31.30
2	Paul Dawson	TBG 36.55	2	Alex Caine U17	M&M 27.70
3	Jack McNaught U17	ASF 35.66	3	Alex Hookway	TBG 27.59
4	Stuart Hitchcock	M&M 31.39	4	Chris Blandford U17	ASF 25.18
5	Erasmus Niim-Dwemoh	CRD 24.18	5	Brad Kearney-Hay	CRD 20.89
6	Connor Searing U17	DTF 19.00			
M Hammer Throw A			M Hammer Throw B		
1	Paul Dawson	TBG 45.50	1	Jack Bailey	TBG 22.81
2	Alex Caine U17	M&M 37.27	2	Stuart Hitchcock	M&M 22.28
3	Sam Corbett	BXL 31.32	3	Owaka Wanogho	CRD 18.90
4	Craig Lacy	CBG 25.41	4	Yasin Saglam	CBG 15.40
5	Erasmus Niim-Dwemoh	CRD 19.92			
M High Jump A			M High Jump B		
1	Paul Williams	DTF 1.85	1	Ashley George U17	CBG 1.65
2	Jamie Farrell	BXL 1.80	2	Neil Woodfine U17	TBG 1.60
3	=Matt Smiley	ASF 1.75	3	Mark Cryer U17	M&M 1.50
3	=Jack Bailey	TBG 1.75			
5	Ben Abbott	PDW 1.75			
6	Harry Rogers U17	CRD 1.75			
7	Kevin Kwarteng	CBG 1.70			
8	Chris White U17	M&M 1.70			
M Javelin Throw A			M Javelin Throw B		
1	Craig Lacy	CBG 49.12	1	Chris Blandford U17	ASF 40.44
2	Matt Burt	ASF 43.75	2	Peter Yearsley	PDW 25.28
3	Stuart Hitchcock	M&M 42.51	3	Charlie Roseman U17	CBG 22.81
4	Brad Kearney-Hay	CRD 41.42	4	Ali Yahye U17	CRD 18.35
5	Jack Bailey	TBG 31.57			
6	Ben Abbott	PDW 29.70			
M Long Jump A			M Long Jump B		
1	Paul Ogun	CRD 7.00	1	Lee McLaughlin	CRD 5.81
2	Chris Wakeford	TBG 6.27	2	Stuart Ballard U17	M&M 5.40
3	Darren March	M&M 5.96	3	Chris Ford	TBG 5.20
4	Matt Smiley	ASF 5.84	4	Josh Rowlands	ASF 4.81
5	Connor Searing U17	DTF 5.41	5	Ben Abbott	PDW 4.71
6	Patrick Ransom U17	PDW 5.14			
M Pole Vault A			M Pole Vault B		
1	Will Jones	TBG 3.20	1	Jack Bailey	TBG 2.20
M Shot Putt A			M Shot Putt B		
1	C. Griffith Parker	CBG 18.03	1	Chris Wakeford	TBG 11.98
2	Paul Dawson	TBG 14.43	2	Stuart Hitchcock	M&M 9.45
3	Erasmus Niin-Dwemoh	CRD 14.00	3	Lee McLaughlin	CRD 9.18
4	Alex Caine U17	M&M 11.04	4	Yasin Saglam	CBG 8.88
5	Jack McNaught U17	ASF 10.99	5	Gareth Morris	ASF 8.54
6	Ben Abbott	PDW 7.60	6	Peter Yearsley	PDW 7.53
7	Connor Searing U17	DTF 7.35			

M Triple Jump A		M Triple Jump B	
1 Darren March	M&M 14.35	1 Paul Williams	DTF 13.10
2 Paul Ogun	CRD 13.62	2 Lee McLaughlin	CRD 12.08
3 Chris Wakeford	TBG 13.30	3 Stuart Ballard U17	M&M 11.64
4 Jack Fox	DTF 13.13	4 Stuart Hollins	TBG 11.46
5 Kevin Kwarteng	CBG 12.65	5 Ashley George U17	CBG 10.55
6 Matt Smiley	ASF 11.31	6 Justin Crux	ASF 10.46
W 100m A		W 100m B	
1 Natoya Sylva	BXL 12.6	1 Sam Clark U17	TBG 14.0
2 Kate Laidlow	CBG 13.0	2 Kayleigh Saward	DTF 14.4
3 Chantelle Clare	DTF 13.1	3 Amy Olver U17	ASF 14.4
4 Emma Jahn U17	TBG 13.6	4 Lacarla Daley U17	CBG 14.6
5 Fay Govett U17	ASF 14.0		
6 Catherine Wearing	M&M 14.2		
W 200m A		W 200m B	
1 Tamara Ashay	CBG 25.6	1 Viki Randall	M&M 25.9
2 Odette Campbell	CRD 25.7	2 Nadine Terry	DTF 26.5
3 Chantelle Clare	DTF 26.1	3 Tamara Denn U17	TBG 27.5
4 Yasmyrn Joseph	M&M 26.5	4 Briony Walsh	ASF 27.7
5 Natoya Sylva	BXL 26.6	5 Beckie Powell U17	CBG 27.8
6 Emma Jahn U17	TBG 27.5		
7 Kim Smith U17	ASF 28.1		
W 400m A		W 400m B	
1 Kate Laidlow	CBG 59.5	1 Sophie Regis U17	TBG 62.3
2 Yasmyrn Joseph	M&M 61.0		
3 Vikki Bradford U17	TBG 61.2		
4 Melissa Benavente 17	DTF 64.2		
5 Aige Giboin U17	ASF 64.5		
6 Chloe Slater U17	BXL 72.0		
W 800m A		W 800m B	
1 Briony Walsh	ASF 2.23.3	1 Jess Owen U17	TBG 2.25.8
2 Nadine Terry	DTF 2.24.0	2 Isabel Dickinson U17	ASF 2.59.5
3 Catherine Symons	TBG 2.26.6		
4 Sarah Sheherd U17	PDW 2.37.9		
5 Rebecca Mulvaney U17	CBG 2.51.3		
W 1500m A		W 1500m B	
1 Vicky Rukin U17	TBG 5.21.4	1 Rachael Salway	TBG 5.29.7
2 Isabel Dickinson U17	ASF 6.12.7		
W 3000m A		W 3000m B	
1 Megan Brickell U17	TBG 10.35.8	1 Clemmie Swift U17	TBG 12.12.8
2 Rosa Sampson-Gorski	CBG 11.49.0		
3 Sarah Sheherd U17	PDW 11.59.8		
W 100mH A		W 100mH B	
1 Jessica Clark U17	CBG 15.3	No competitors	
2 Nadine Clare U17	DTF 18.3		
3 Alice Campbell	PDW 18.6		
4 Lucy Saker U17	TBG 20.7		
W 400mH A		W 400mH B	
1 Viki Randall	M&M 69.0	1 Steph Rukin U17	TBG 95.8
2 Jessica Clark U17	CBG 75.6		
3 Lucy Saker U17	TBG 76.2		

W Discus Throw A		W Discus Throw B	
1	Lucy Underdown M&M 42.51	1	Dannielle Phillip CBG 20.34
2	Rosalind Seeley DTF 39.84	2	Jess Owen U17 TBG 19.72
3	Emma Jayne Standeven ASF 32.11	3	Kayleigh Saward DTF 13.82
4	Louisa Woods U17 TBG 23.89		
5	Anesa Wanagho U17 CBG 21.59		
6	Donna Kent BXL 19.09		
7	Alice Campbell PDW 17.91		
W Hammer Throw A		W Hammer Throw B	
1	Donna Kent BXL 47.86	1	Chloe Slater U17 BXL 21.69
2	Steph Clark TBG 28.78	2	Louisa Woods U17 TBG 18.92
3	Chantelle Clare DTF 18.77	3	Melissa Benavente 17 DTF 10.39
4	Holly Ware U17 CBG 17.04		
W High Jump A		W High Jump B	
1	Nadine Terry DTF 1.55	1	Emma Jahn U17 TBG 1.35
2	Odette Campbell CRD 1.50		
3	Lucy Saker U17 TBG 1.40		
4	Jessica Clark U17 CBG 1.35		
W Javelin Throw A		W Javelin Throw B	
1	Amy Underdown M&M 29.54	1	Rosalind Seeley DTF 25.83
2	Rebecca Francis DTF 26.18	2	Steph Clark TBG 13.72
3	Alice Campbell PDW 19.02	3	Emmaline Rendell ASF 10.18
4	Anesa Wanagho U17 CBG 18.59		
5	Molly Steward U17 TBG 15.18		
6	Isabel Dickinson U17 ASF 10.92		
W Long Jump A		W Long Jump B	
1	Amy Underdown M&M 5.01	1	Natasha Clare U17 DTF 4.01
2	Sylvia Obobo CBG 4.37	2	Jade Mahoney U17 M&M 4.01
3	Alice Campbell PDW 4.13	3	Steph Rukin U17 TBG 3.68
4	Kayleigh Saward DTF 4.02	4	Holly Ware U17 CBG 3.58
5	Vikki Bradford U17 TBG 3.99		
6	Amy Olver ASF 3.72		
W Pole Vault A		W Pole Vault B	
1	Emmaline Rendell ASF 2.85	1	Kara Gibbs ASF 2.40
2	Steph Rukin U17 TBG 2.00		
W Shot Putt A		W Shot Putt B	
1	Lucy Underdown M&M 12.88	1	Amy Underdown M&M 8.76
2	Anesa Wanagho U17 CBG 10.74	2	Rebecca Francis DTF 7.20
3	Rosalind Seeley DTF 9.58	3	Steph Clark TBG 6.24
4	Donna Kent BXL 9.37	4	Kim Smith U17 ASF 5.76
5	Emma Jayne Standeven ASF 9.32		
6	Louisa Woods U17 TBG 7.14		
W Triple Jump A		W Triple Jump B	
1	Odette Campbell CRD 10.04	1	Sylvia Obobo CBG 9.66
2	Charlotte Lucas U17 CBG 9.77	2	Sarah Sheherd U17 PDW 8.47
3	Jade Mahoney U17 M&M 9.67		
4	Alice Campbell PDW 8.83		
5	Tamara Denn U17 TBG 7.92		
W 4x100m Relay			
1	CBG 52.0	1	Lacarla Daley U17
		2	Jessica Clark U17
		3	Tamara Ashay
		4	Kate Laidlow
2	TBG 52.3	1	Sam Clark U17
		2	Tamara Denn U17
		3	Emma Jahn U17
		4	Sophie Regis U17
3	DTF 53.8	1	Nadine Terry
		2	Chantelle Clare
		3	Natasha Clare U17
		4	Kayleigh Saward
4	ASF 56.0	1	Amy Olver U17
		2	Paige Giboin U17
		3	Fay Govett U17
		4	Kara Gibbs

W 4x400m Relay

1 TBG 4.09.0	1 Vikki Bradford U17	2 Catherine Symons
	3 Sophie Regis U17	4 Jess Owen U17
2 ASF 4.25.0	1 Briony Walsh	2 Fay Govett U17
	3 Paige Giboin U17	4 Kim Smith U17
3 DTF 4.28.7	1 Natasha Clare U17	2 Melissa Benavente 17
	3 Chantelle Clare	4 Rebecca Francis

M 4x100m Relay

1 CRD 44.1	1 Dami Segun U17	2 Lee McLaughlin
	3 Oweka Wanogho	4 Paul Ogun
2 TBG 44.5	1 Chris Ford	2 James Farmer
	3 Chris Wakeford	4 Stuart Hollins
3 CBG 44.6	1 Arthur Tanoh	2 Stefan Mitchell
	3 Enrico Faucher Folie	4 J. Northcott-Barlow
4 ASF 45.1	1 Will Allingham	2 Lewis Elliot U17
	3 Dan Chatwin	4 Justin Crux
5 M&M 46.4	1 Alex Caine U17	2 Jimmy Fielding U17
	3 Robert Hackney	4 James Alcock U17

M 4x400m Relay

1 ASF 3.32.1	1 Josh Rowlands	2 Josh Fairclough
	3 Tim Burt	4 Will Allingham
2 TBG 3.35.5	1 James Wildish	2 Kurt Wolfe
	3 Alex Hookway	4 Duncan Steward
3 CBG 3.36.3	1 Ashley George U17	2 Stefan Mitchell
	3 J. Northcott-Barlow	4 Lee Coogan
4 M&M 3.47.2	1 Sean Hannant-Smith17	2 Robert Hackney
	3 Mark Cryer U17	4 Jimmy Fielding U17
5 DTF 4.02.3	1 Jack Fox	2 Nick Wood U17
	3 Philip Butler	4 Steven Caller

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS			
Event	Lge	Event	Lge	Event	Lge	Event	Lge
1 TBG 539	8	1 TBG 570.5	8	1 Tonbridge AC		1109.5	16
2 M&M 509	7	2 CBG 409	7	2 Medway & Maidstone AC		855	13
3 ASF 329	6	3 M&M 346	6	3 Cambridge Harriers		729	12
4 CBG 320	5	4 ASF 329.5	5	4 Ashford AC		658.5	11
5 DTF 282	4	5 DTF 283	4	5 Dartford Harriers & AC		565	8
6 BXL 217	3	6 CRD 214	3	6 Bexley AC		363	4
7 PDW 141.5	2	7 PDW 147	2	7 Paddock Wood AC		288.5	4
8 CRD 59.5	1	8 BXL 146	1	8 Croydon Harriers		273.5	4

Athletes of the Match

Curtis Griffith Parker Cambridge Harriers Discus 62.34m

Rosalind Seeley Dartford Harriers Discus 39.84m

General Comment

No competitors W 100mH B

Note(s) - Officials points

ASF Includes + 25pts,
 BXL Includes + 35pts,
 CBG Includes + 35pts,
 CRD Includes + 35pts,
 DTF Includes + 35pts,
 M&M Includes + 35pts,
 PDW Includes + 25pts,
 TBG Includes + 35pts,

Non- scoring events

100m men			200m men		
Dan Chatwin	ASF	11.9	Dan Chatwin	ASF	24.0
Ashley George	CBG	12.0	Ben Alldis	TBG	24.5
Dominic Eden	TBG	12.2	400m men		
Duncan Steward	TBG	12.3	Aaron Waterman	TBG	54.4
Stuart Ballard	M&M	12.3	Neil Wodfine	TBG	59.3
Enrico Faucher-Folie	CBG	12.4	Jacob Tanner	BXL	59.4
Justin Crux	ASF	12.4	800m men		
Josh Rowlands	ASF	12.4	James Hasselby	M&M	2.12.3
Ben Alldis	TBG	12.5	Steve Yarnley	ASF	2.21.0
Ben Reid	CBG	12.6	400mH MEN		
1500m men			Neil Woodfine	TBG	66.8
M.J.Clemmence	TBG	4.28.6	Long Jump men		
Josh Elderfield	M&M	4.29.7	Justin Crux	ASF	5.39
High Jump men			Discus men		
Charlie Roseman	CBG	1.50	Yasin Saglam	CBG	24.80
Shot Putt men			200m women		
Darren March	M&M	8.72	Kara Gibbs	ASF	29.5
100m women			Discus women		
Kim Smith	ASF	13.7	Molly Steward	TBG	12.29
Long Jump women					
Nadine Terry	DTF	4.56			

NJL Southern Medway Div Round:2 SCORING SHEETS
 Eltham, Sutcliffe Park, Sun 25 May 2008

Team	ASF	BXL	CBG	CRD	DTF	M&M	PDW	TBG	POINTS			
									Used	Waste	Tot	
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88				

M 100m	A	7	0	11	9	4	8	5	6	50	3	53
	B	7	0	6	9	3	2	4	5	36	1	37
Cumulative		14	0	17	18	7	10	9	11	86	4	90

M 200m	A	9	5	6	11	0	7	0	8	46	7	53
	B	7	0	6	9	0	5	0	4	31	6	37
Cumulative		30	5	29	38	7	22	9	23	163	17	180

M 400m	A	11	9	8	0	4	6	5	7	50	3	53
	B	6	3	9	0	0	4	5	7	34	3	37
Cumulative		47	17	46	38	11	32	19	37	247	23	270

M 800m	A	6	0	9	7	0	8	0	11	41	12	53
	B	5	0	7	0	0	6	0	9	27	10	37
Cumulative		58	17	62	45	11	46	19	57	315	45	360

M 1500m	A	7	9	8	5	0	6	0	11	46	7	53
	B	6	0	0	0	0	7	0	9	22	15	37
Cumulative		71	26	70	50	11	59	19	77	383	67	450

M 3000m	A	4	6	7	0	8	9	5	11	50	3	53
	B	0	0	0	0	7	0	0	9	16	21	37
Cumulative		75	32	77	50	26	68	24	97	449	91	540

M 110mH	A	0	0	0	0	0	9	0	11	20	33	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		75	32	77	50	26	77	24	117	478	152	630

M 400mH	A	11	8	6	0	0	7	0	9	41	12	53
	B	7	0	6	0	0	0	0	9	22	15	37
Cumulative		93	40	89	50	26	84	24	135	541	179	720

M 2000Sc	A	0	0	11	0	8	7	6	9	41	12	53
	B	0	0	7	0	6	5	0	9	27	10	37
Cumulative		93	40	107	50	40	96	30	153	609	201	810

M DT	A	8	0	11	6	5	7	0	9	46	7	53
	B	5	0	9	4	0	7	0	6	31	6	37
Cumulative		106	40	127	60	45	110	30	168	686	214	900

M HT	A	0	8	7	6	0	9	0	11	41	12	53
	B	0	0	5	6	0	7	0	9	27	10	37
Cumulative		106	48	139	72	45	126	30	188	754	236	990

Team	ASF	BXL	CBG	CRD	DTF	M&M	PDW	TBG	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

M HJ	A	7.5	9	4	5	11	3	6	7.5	53	0	53
	B	0	0	9	0	0	6	0	7	22	15	37
Cumulative		113.5	57	152	77	56	135	36	202.5	829	251	1080

M JT	A	9	0	11	7	0	8	5	6	46	7	53
	B	9	0	6	5	0	0	7	0	27	10	37
Cumulative		131.5	57	169	89	56	143	48	208.5	902	268	1170

M LJ	A	7	0	0	11	6	8	5	9	46	7	53
	B	5	0	0	9	0	7	4	6	31	6	37
Cumulative		143.5	57	169	109	62	158	57	223.5	979	281	1260

M PV	A	0	0	0	0	0	0	0	11	11	42	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		143.5	57	169	109	62	158	57	243.5	999	351	1350

M SP	A	6	0	11	8	4	7	5	9	50	3	53
	B	4	0	5	6	0	7	3	9	34	3	37
Cumulative		153.5	57	185	123	66	172	65	261.5	1083	357	1440

M TJ	A	5	0	6	9	7	11	0	8	46	7	53
	B	3	0	4	7	9	6	0	5	34	3	37
Cumulative		161.5	57	195	139	82	189	65	274.5	1163	367	1530

W 100m	A	6	11	9	0	8	5	0	7	46	7	53
	B	6	0	5	0	7	0	0	9	27	10	37
Cumulative		173.5	68	209	139	97	194	65	290.5	1236	384	1620

W 200m	A	4	6	11	9	8	7	0	5	50	3	53
	B	5	0	4	0	7	9	0	6	31	6	37
Cumulative		182.5	74	224	148	112	210	65	301.5	1317	393	1710

W 400m	A	6	5	11	0	7	9	0	8	46	7	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		188.5	79	235	148	119	219	65	318.5	1372	428	1800

W 800m	A	11	0	6	0	9	0	7	8	41	12	53
	B	7	0	0	0	0	0	0	9	16	21	37
Cumulative		206.5	79	241	148	128	219	72	335.5	1429	461	1890

W 1500m	A	9	0	0	0	0	0	0	11	20	33	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		215.5	79	241	148	128	219	72	355.5	1458	522	1980

W 3000m	A	0	0	9	0	0	0	8	11	28	25	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		215.5	79	250	148	128	219	80	375.5	1495	575	2070

Team	ASF	BXL	CBG	CRD	DTF	M&M	PDW	TBG	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

W 100mH	A	0	0	11	0	9	0	8	7	35	18	53
	B	0	0	0	0	0	0	0	0	0	37	37
Cumulative		215.5	79	261	148	137	219	88	382.5	1530	630	2160

W 400mH	A	0	0	9	0	0	11	0	8	28	25	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		215.5	79	270	148	137	230	88	399.5	1567	683	2250

W 1500Sc	A	0	0	0	0	0	0	0	0	0	0	0
	B	0	0	0	0	0	0	0	0	0	0	0
Cumulative		215.5	79	270	148	137	230	88	399.5	1567	683	2250

W DT	A	8	5	6	0	9	11	4	7	50	3	53
	B	0	0	9	0	6	0	0	7	22	15	37
Cumulative		223.5	84	285	148	152	241	92	413.5	1639	701	2340

W HT	A	0	11	7	0	8	0	0	9	35	18	53
	B	0	9	0	0	6	0	0	7	22	15	37
Cumulative		223.5	104	292	148	166	241	92	429.5	1696	734	2430

W HJ	A	0	0	7	9	11	0	0	8	35	18	53
	B	0	0	0	0	0	0	0	9	9	28	37
Cumulative		223.5	104	299	157	177	241	92	446.5	1740	780	2520

W JT	A	5	0	7	0	9	11	8	6	46	7	53
	B	6	0	0	0	9	0	0	7	22	15	37
Cumulative		234.5	104	306	157	195	252	100	459.5	1808	802	2610

W LJ	A	5	0	9	0	7	11	8	6	46	7	53
	B	0	0	5	0	9	7	0	6	27	10	37
Cumulative		239.5	104	320	157	211	270	108	471.5	1881	819	2700

W PV	A	11	0	0	0	0	0	0	9	20	33	53
	B	9	0	0	0	0	0	0	0	9	28	37
Cumulative		259.5	104	320	157	211	270	108	480.5	1910	880	2790

W SP	A	6	7	9	0	8	11	0	5	46	7	53
	B	5	0	0	0	7	9	0	6	27	10	37
Cumulative		270.5	111	329	157	226	290	108	491.5	1983	897	2880

W TJ	A	0	0	9	11	0	8	7	6	41	12	53
	B	0	0	9	0	0	0	7	0	16	21	37
Cumulative		270.5	111	347	168	226	298	122	497.5	2040	930	2970

W 4x1		7	0	11	0	8	0	0	9	35	18	53
Cumulative		277.5	111	358	168	234	298	122	506.5	2075	948	3023

W 4x4		9	0	0	0	8	0	0	11	28	25	53
Cumulative		286.5	111	358	168	242	298	122	517.5	2103	973	3076

Team	ASF	BXL	CBG	CRD	DTF	M&M	PDW	TBG	POINTS		
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot
M 4x1	7	0	8	11	0	6	0	9	41	12	53
Cumulative	293.5	111	366	179	242	304	122	526.5	2144	985	3129
M 4x4	11	0	8	0	6	7	0	9	41	12	53
Cumulative	304.5	111	374	179	248	311	122	535.5	2185	997	3182
Add	25	35	35	35	35	35	25	35	0	0	0
subtract	0	0	0	0	0	0	0	0	0	0	0
Cumulative	329.5	146	409	214	283	346	147	570.5	2185	997	3182
TOTALS	329.5	146	409	214	283	346	147	570.5	2185	997	3182

Pos	Team	Points	Add	Sub	Total
1	Tonbridge AC	535.5	35	0	570.5
2	Cambridge Harriers	374	35	0	409
3	Medway & Maidstone AC	311	35	0	346
4	Ashford AC	304.5	25	0	329.5
5	Dartford Harriers & AC	248	35	0	283
6	Croydon Harriers	179	35	0	214
7	Paddock Wood AC	122	25	0	147
8	Bexley AC	111	35	0	146

Used + add - sub = total	2185	260	0	2445
Unused points	997			997
(Used+unused)+add-sub=total	3182	260	0	3442

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
TBG A	9	10	7	4	5	2	0	0	B 16	5	5	2	1	0	0	0
CBG A	9	7	4	5	5	0	1	0	B 5	2	4	4	2	0	0	0
M&M A	6	4	5	7	3	1	0	1	B 2	6	3	2	1	0	1	0
ASF A	5	4	3	5	5	3	2	0	B 2	4	4	5	1	1	0	0
DTF A	2	4	8	3	2	1	3	0	B 3	4	3	0	0	1	0	0
CRD A	4	4	1	2	2	2	0	0	B 3	1	2	1	1	0	0	0
PDW A	0	0	4	2	2	6	1	0	B 0	2	0	1	2	1	0	0
BXL A	2	3	2	1	2	3	0	0	B 1	0	0	0	0	1	0	0

Men	Event	Women	Event
1 Tonbridge AC	292.5	1 Tonbridge AC	243
2 Cambridge Harriers	211	2 Cambridge Harriers	163
3 Medway & Maidstone AC	202	3 Dartford Harriers & AC	160
4 Ashford AC	179.5	4 Ashford AC	125
5 Croydon Harriers	150	5 Medway & Maidstone AC	109
6 Dartford Harriers & AC	88	6 Paddock Wood AC	57
7 Paddock Wood AC	65	7 Bexley AC	54
8 Bexley AC	57	8 Croydon Harriers	29