

IBSTOCK CANOE CLUB RULES & REGULATIONS

Rules for the Pool

1. All monies to be paid to the designated club representative before going through to the changing rooms.
2. Paddlers must allow access for the Coalville Swimming Club to exit. i.e., you must remain in the changing room.
3. No 'free swimming'. If you are not paddling, you must sit on the side.
4. All paddlers are to wear t-shirts and (board) shorts. Girls may wear bikinis underneath.
5. Late admission to the pool will not be allowed if more than 15 minutes after the start of the session, unless otherwise advised.
6. No paddlers should be on the pool side before the start of the session.
7. As the swimming pool is locked. Parents/Carers should be prompt when collecting children.

Rules for on the river/canal

1. All monies to be paid to the designated club representative before entering the water.
2. Paddlers should not enter the water before the instructor. Paddlers should get off the water before the instructor.
3. No intentional swimming unless instructed by the Instructor.
4. Any club equipment required should be requested from the designated equipment officer by the preceding Saturday.
5. Parents/Carers should be prompt when collecting children.

Rules for Pool and River

1. Cooperate fully, respecting all requests and decisions made by the coaches, helpers, officials and administrators.
2. Paddlers must control their tempers and avoid behaviour which may inconvenience or upset others.
3. Be considerate and respectful to other paddlers and water users – treat other paddlers as you would want to be treated.
4. Paddlers must wear suitable kit for paddling as agreed with your coach
5. Take care of all property belonging to the club or any club member – be responsible for caring for your own equipment and clothing.
6. Not to leave sessions without advising the coach or leader.
7. Junior members are not allowed to smoke, consume alcohol or drugs of any kind whilst on the club premises or representing the club at events.
8. If a member is told off once, a warning will be issued. Twice and a letter will be sent to parents. A third time will result in suspension from the club which will be dependent on the severity of the offence.
9. Helmets must be worn where appropriate, as per the Instructor and Risk Assessment Policy.

Rules for Club Events and Trips

1. Adults are responsible for their own children and any other children in their care.
2. No unaccompanied children (under 16) to attend events/trips.

Complaints Procedure

Any grievance, and/or discipline matter against the club or a member of the club should be put in writing, addressed to the Chair or Vice-Chair and posted to the Club Secretary. The envelope should be marked Private and Confidential.

Disciplinary Sub Committee:

A disciplinary sub committee consisting of: (should be an odd number)

- a. An Instructor
- b. The Chair/Vice-Chair or Secretary
- c. A selected Committee Member.

shall meet to discuss any grievance, and/or discipline matters. Details of which will be reported to the main committee and a record shall be kept by the Secretary.