

Nettleham Methodist Church - Cell Material

Week beginning: 7th July 2008

Theme: Psalm 139

Welcome

Have you ever had an experience of being amazed by God's creation? In the Service on Sunday we looked at some of the pictures sent back by the Hubble Space Telescope and reflected on God's wonderful creation. What things make you feel a similar sense of awe in God's creation?

Word

- 1) The first part of the Psalm (verses 1-6) expresses King David's amazement at God's knowledge of him. When you think of this are you principally reassured by it, or does it make you nervous to think that God knows everything about you, and everything you do or think? Discuss
- 2) The second part of the Psalm (verses 7-12) talks about God's presence everywhere. Have you ever been in a place or a situation where you felt God was far away? Or have you ever tried to run away from God? Share your experiences with each other. You can flick quickly through the book of Jonah in the Old Testament if you want to see what happened to him when he tried to flee from God.
- 3) How do you make sure that you remain aware of God's presence as you go through your everyday life?
- 4) See verses 23 and 24. How can you make sure that you are open to God's examination and correction in your life, the way the King David did?

Worship/ Prayer

There are lots of songs and hymns which are based on Psalms (e.g. The Lord's my Shepherd based on the 23rd Psalm)

Why not sing or listen to one of these songs in your group?

Witness

Do your non-Christian friends ever discuss with you issues such as God's wonderful act of Creation, or how God values life even before birth (see verses 13-16)? How can we be sure we say God's truth in these situations without unChristianly seeming self-righteous or obnoxious? Discuss!