

Alpine Tracks/Snowsport Cymru Wales Welsh Schools Skiing Programme 2006



22 March 2006 North Wales Event – Llandudno
 24 March 2006 West Wales Event – Pembrey
 2 May 2006 Central South Wales Event – Cardiff
 4 May 2006 South East Wales Event – Pontypool
 1 October 2006 Welsh Championships - Llangrannog

Dear Skiing/Sports Teacher

We invite your school to participate in the Alpine Tracks/Snowsport Cymru Wales Welsh Schools Skiing Programme to be held at various snowsport centres in Wales throughout 2006.



Snowsport Cymru Wales are delighted to have the continued support of Alpine Tracks as sponsors. Alpine Tracks organise both schools and adult holidays for both summer and winter in the alps, for further details contact Alpine Tracks Tel 01248 717440 / 0800 0282546 or visit their website www.alpinetracks.com We are also grateful to Sports Council for Wales who have assisted the programme in awarding Sports Match support.

These events provide an ideal opportunity for children of all skiing abilities to participate in an organised skiing event. The local or regional events are designed as introductory events, with the aim that as many children as possible go on to participate in the Welsh Schools Championships. The top girls and boys teams from the Welsh Schools Championships qualify for the British Schools Championships to be held in November in England.

The regional schools events will be a two run Slalom Competition, the fastest time to count. A course will be set at an appropriate level to cater for novice skiers. The aim of this event is to provide an enjoyable experience and generate further enthusiasm for skiing amongst all schools in Wales.

Skiers should be able to use the ski lift, turn left and right, stop on the hill, and be able to control their speed of descent. A practice session will be provided on the race day with a simple slalom, if further training is required contact your local Ski Club or centre for details.

To enter the events please complete the entry form attached and return it to Snowsport Cymru Wales before the deadline for entries. Schools must affiliate to Snowsport Cymru Wales, £10.00 per annum. Entries are welcome from individual skiers as well as teams. The event is open to all school aged children. You may enter as many schools events as you wish, our aim is to increase participation.

Visit our website for details of contact numbers for ski centres and ski clubs www.snowsportwales.net

If you would like any more information, please contact the Snowsport Cymru/Wales office Tel: 029 20561904 office hours 10am - 4pm. Email info@snowsportwales.net

Event Programme		Event Programme	
<u>Regional Schools Skiing Events</u>		<u>Sunday 2nd October 2006</u>	
Cardiff/Llandudno	Pontypool/Pembrey	<u>Welsh Schools Skiing Championships</u>	
5:45 pm Bib Issue	4.45 pm	9:45 am	Bib Issue
6:00 pm Practice Session	5.00 pm	10:00 am	Practice Session
6:45 pm Timed Runs	5.45 pm	10:50 am	End of Practice Session
8:00 pm Prize Giving	7.00 pm	11:00 am	Timed Runs
		14:00 pm	Prize Giving



Welsh translation is available upon request
 Please contact the Snowsport Cymru/Wales office



Welsh Schools Skiing Programme

General Conditions and Race Information

1. The team event is for teams of bona-fide pupils of the same school and will be held over two runs on an artificial slope slalom course.
At the Regional Championships the aggregate of a team's best three individuals times will be used to produce a team time for the event. Individual results will be fastest of the two timed runs.
At the Welsh Championships the aggregate of a team's best three times in the first run will be added to the aggregate of their best three times in the second run to produce a team aggregate for the event. Individual results will be calculated upon the aggregate of the two timed runs.
2. The team must be of four boys or four girls. Junior school teams can be mixed teams.
3. Individual entries will be accepted from pupils at a cost of:
£8.00 per racer Non Members - (£5.00 entry fees and £3.00 temporary affiliation).
£5.00 per racer Current Snowsport Cymru/Wales Members (£5.00 entry fee).
4. The entry fee will be **£20 per team** and should be sent **with** the Snowsport Wales affiliation fee of £10 per school to:

Welsh Schools Skiing

Snowsport Wales, Ski Centre, Fairwater Park, Cardiff. CF5 3JR Tel. 029 20561904

Cheques payable to Snowsport Cymru/Wales

The Snowsport Wales affiliation is valid from January to December of each year. Therefore schools who are currently affiliated to the Snowsport Wales need not include affiliation fees.

5. The race will be run under FIS rules as varied by Snowsport Wales.
6. Arms and legs must be covered, gloves must be worn at all times while skiing. Helmets are recommended.
7. All reasonable safety precautions will be taken, however, the organisers cannot be held responsible for injury to racers, officials or spectators, nor to damage or loss of equipment. The decision to wear protective head gear rests with the racers and their team managers. Every team should provide a helper nominated on the entry form.
8. Ski and boot hire will be available, included in the cost. You must advise us if equipment is required.
9. Commentary slips will be available at Bib Issue. Please complete one for each competitor and hand it in before collecting the bibs.
10. Medals will be awarded in the following categories;

Age Groups	Year of Birth	Male/Female Unregistered	Male/Female Registered
Primary School	Bona Fide Pupils	1st, 2nd & 3rd place	1st place only
Children 1	1994-95	1st, 2nd & 3rd place	1st place only
Children 2	1992-93	1st, 2nd & 3rd place	1st place only
Junior 1	1990-91	1st, 2nd & 3rd place	1st place only
Junior 2	1989 or earlier	1st, 2nd & 3rd place	1st place only

Secondary School Team Competition

1, 2 & 3 Girls & Boys Teams

Primary School Team Competition (Mixed Boys & Girls Teams Allowed)

1, 2 & 3 Overall Team



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ENTRY FORM

Please Indicate (tick box) of the event to be entered

22 March 2006 North Wales Event – Llandudno
24 March 2006 West Wales Event – Pembrey
2 May 2006 Central South Wales Event – Cardiff
4 May 2006 South East Wales Event – Pontypool
1 October 2006 Welsh Championships - Llangrannog

Entries must be received 7 days prior to the event.

You may enter as many schools events as you wish, our aim is to increase participation.

Send Entries to

Welsh Schools Skiing Events

Snowsport Cymru/Wales, Ski Centre, Fairwater Park, Cardiff. CF5 3JR
Tel: 029 20561904

Cheques payable to "Snowsport Cymru/Wales"

SCHOOL DETAILS

Name of School

Postal Address

Telephone No.

Team Manager

Home Telephone No.

Nominated Helper

Number of Pupils requiring Ski Equipment

ENTRY FEE

Entry fee will be £20 per team for Schools/Colleges affiliated to Snowsport Cymru/Wales.
Affiliation fee is £10.00 per year.

Individual entries £8 per racer.

I confirm that the children entered as the team(s) from
full-time education at this institution.

School are in

Signed

Head teacher

All four members of a team must be in full-time education at a single institution with one Head teacher or Principal.

Schools may enter more than one team as well as individual entries.



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PARTICIPANT ENTRY DETAILS

Please Indicate the event to be entered

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_____ School

TEAM A - in racing order - Individual Entries

Name	M/F	Date of Birth	Skiing experience.	Boot & Ski length
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TEAM B - in racing order

Name	M/F	Date of Birth	Skiing experience.	Boot & Ski length
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N.B.

Secondary School Teams _____ Teams of 4 - Minimum 3 Boys or 3 Girls times to Count.

Primary School Teams Mixed Boys & Girls Teams Allowed.

Individual Entries Please enter individuals as well as teams if you have additional pupils.



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