



Woodhouse Eaves Fencing Club

Where does the club meet?

We are based at St Paul's School and Community Centre, Meadow Road, Woodhouse Eaves, and meet in the school hall. There is a cross-roads in the middle of the village where Main Street, Maplewell Road, Church Hill and Meadow Road meet. (Meadow Road is adjacent to the chemist's shop).

When does the club meet?

The Club has two sessions each week; Thursday evenings 7:45 – 9:45pm for adults (18+), Saturday mornings 10:00 – 12:00 for children. The minimum age for children is 10.

As we run our sessions in the school hall, the Club does not usually meet during school holidays.

What do I need to wear?

The Club provides basic fencing equipment suitable for training and a limited degree of competition. ⚡

What you will need to wear are:

- T-shirt or similar (nothing too thick as you will be wearing two layers of equipment over it and it can get quite warm).
- Tracksuit/jogging bottoms/loose fitting trousers, do not wear tight fitting trousers as fencing requires you to stand with your legs apart and knees bent. **(shorts are not acceptable on safety grounds)**
- Gym shoes/trainers.

You are recommended to bring something to drink.

Fencing requires the wearing of a close fitting mask and we would recommend that you avoid wearing anything in your hair that would prevent the mask making contact with the top and sides of your head. Please do not wear hair gel as it leaves a mess in the mask.

It is possible to wear glasses under a fencing mask.

Please note the following regarding long-term availability of Club equipment

⚡ Adults – The Club will provide new adult members with basic equipment for the first year of their membership. With a limited supply of equipment we cannot make a longer-term commitment that would prevent us from allowing more people to try fencing. Exceptions to this rule will be considered on an individual basis.

⚡ Juniors – The Club will endeavour to make suitable sized basic equipment available to all junior fencers. However, our supply of kit is limited and as children grow we cannot guarantee that we will always be able to meet their changing equipment needs.

How does the club operate?

The weekly sessions are under the control of qualified coaches and fencing only takes place in their presence. Safety rules are strictly applied. Lessons are primarily of a group rather than an individual nature.

What does it cost? – People who have fenced before.

The fees for Club members are paid at the start of each of the three terms, September, January and Easter. The actual amount varies with the number of weeks in the term and whether the fencer needs to use the Club's equipment. Members pay for the full term in advance regardless of the number of sessions that they attend. For people using the Club's equipment this fee equates to a weekly payments of £6 for an adult and £4 for a child. Fencers with their own equipment pay the weekly equivalent of £4 for adults and £2.50 for children. In September (or on joining) an annual membership fee of £10 adults, £5 children is also payable.

The only exception to taking out membership is in the case of bona fide members of another club. These must provide their own equipment (if you need to borrow Woodhouse Eaves kit you have to be a member) and evidence membership of BFA. Visitors will be charged a weekly fee of £6.00.

Additionally, for insurance reasons, following the initial introduction period of 6 weeks, the Club requires all members to join our sports national body, The British Fencing Association. This is currently £20 for adults and juniors aged 14-18, £14.00 for under 14's.

What does it cost? – People who wish to try fencing.

The first session is free to all those who have not previously fenced at the club, during this session we cover safety, basis fencing moves and give the opportunity to try out these skills against an opponent. Should you wish to continue it is then necessary to sign up for a six-week beginners course which will cost £45 adults, £30 children. Those reaching the required standard will receive a grade one badge and proficiency certificate.

Those wishing to continue after completing a beginners course will be charged a fee based on the remaining weeks in the term (see above for rates). You will also be required to pay an annual membership fee and take out British Fencing Association membership as detailed above under "What does it cost? – People who have fenced before".

So you want to try fencing or require further information

Fenced before and have your own kit. Please feel free to come and fence at Woodhouse Eaves. Around school holiday times we would recommend that you 'phone first and check that we are open. See contacts below.

Fenced before but you need to borrow some equipment. Please do not just turn up at a session; our equipment is relatively limited and we would not wish anyone to turn up and find on that occasion there was insufficient kit available for them to have a go. Please contact the Club in advance, see below for details.

Not fenced before but would like to try? Our next free 2-hour "taster" sessions are scheduled for Thursday 15th September for adults and Saturday 17th September for children. Due to safety requirements we are only able to accept new fencers when we have suitably sized equipment spare, so please do not just turn up on these dates. If you are interested in trying fencing please speak to one of the Club contacts listed below and we will see if we can fit you in.

To contact the Club

- **Adults** 'phone Matt on 01509 556620.
- **Juniors** 'phone Paul on 01509 236359
- **Or e-mail the Club** on wefencingclub@hotmail.com