

# Rumba – October 2007

Man's steps described. Lady's normal opposite. Commence in open hold

Bar	Description	Comments	Count
1	Fwd basic	Preparing for alemana, raise joined hands	2,3,41
2	Rope spin	Man back basic. Lady dances alemana turn ending LF fwd on man's R side, option spiral (complete turn R) on LF allowing RF to cross loosely in front	2,3,41
3	Promenade walks	Lady walks behind man RLR,. Man replace weight to LF turning ¼ L, then walk R,L with lady on L side. End in inverted V shape, inside feet fwd	2,3,41
4	Syncopated Cuban rocks	Rocks in place, end with weight fwd. Option to pivot to face partner at end pointing free foot to side	2,&,3,41
5	Fencing line	Pivot inwards on standing foot, step through on RF, softening the knee, extending joined hands fwd and raising free hand to head height (keep bodies stretched – do not collapse). Replace weight to LF, step diagonally back RF allow LF to brush up without weight. (Lady closes RF to LF turning to shadow hold, option to turn either way)	2,3,41 (2,3,4,1)
6,7	Walks in shadow	Both on same foot, circling to L or to find space on the dancefloor, walk LRL,RLR	2,3,41 2,3,41
8	Fan	LF to side and dance a syncopated cuban rock leading lady across turning L into fan position	2,&,3,41 (2,3,41)
9,10	Hockey stick	<i>Optional exit/entry point</i>	2,3,41 2,3,41
11	Back cucaracha & point	LF back, part weight. Replace weight to RF. Close LF to RF and point RF to side	2,3,&,41
12	Back cucaracha	RF back, part weight. Replace weight to LF. RF fwd towards partners R side placing R arms around partner's waist, extending free arms to the side	2,3,41
13,14	Circling walks	Six walks circling to R, LRL,RLR	2,3,41 2,3,41
15	Checked walk	LF fwd, replace weight to RF, LF back. Take lady's RH in man's LH.	2,3,41
16	Fan	Back basic, leading lady across to end in fan position	2,3,41

*These notes are merely an aide-memoire for those attending the workshop, not a complete description of the figures taught.*