

## Eden People @ The Picnic Festival 21<sup>st</sup> June 2009

What a wonderful way to spend the longest day, Eden People were part of a local intimate festival that focused on Arts, Street Carnival, Music, Environment and Spirituality – we were in HEAVEN!

Organisers had to keep the capacity down to 2000 people which made for a fairly lazy, laid back Sunday for us as we were not over-run with people, the flip side to this was that we had time and space to give people in activity, conversation and Spirit.

Eden created our own 'out-door' living space as part of the Healing area of the site. Not only did we have our 5mtr dome tent set up complete with sofa, cushions, massage table, soul/reflective sites, healthy food & drinks we undertook the usual Eden activities you'd expect to find everywhere we go!



We had the mix of Prayer Therapy for Healing, Insight, Blessing, Ruach Cards, Encounter, Experience Downloads that people found amazing, encouraging, healing and enlightening. With this we had hand, foot, back and head massages 'flowing' through the day bring rest and relaxation to many.

As this was the longest day we created a special Sacred Circle for people to focus on the Divine Creator of Heaven, Earth, Us and the Sun & Moon. Spiritually charged through the team with a spoken blessing and ritual the Creator was present giving people their Soul & Spirit UPLIFT we all need sometimes. Four stations around the elements (Air, Fire, Water and Earth) gave people opportunity to involve themselves in activity of thanks giving and reflection. A central fire (using a silk-flame fire) was created for people to symbolically 'burn' the past and look forward to the next quarter of the year.



Some did notice our 'tongue-in-cheek' sun-worshipper mannequin – Eden do want to make you laugh at times!

What can we say, what away to spend the longest day, the sun shone, old and new faces were seen and general 'good-times' were had by all. If you were there hope you had a good one, if you weren't maybe next year?

Remember Eden People keeping YOU IN MIND so why not join us for our future events – join the mailing list if you haven't already and we'll let you know what and where we'll be!

Blessings to your Spirit & Soul  
Eden People  
[edenpeople@edenpeople.org.uk](mailto:edenpeople@edenpeople.org.uk)

