



## BRADFORD AND DISTRICT FOOD INFORMATION TRUST

### Why local produce?

The increase in 'food miles' - the distance that food travels from farm to plate, has many negative impacts:

- About 35-40% of the freight on roads in the UK is connected with production and distribution of food
- One basket of imported foods results in emissions of as much greenhouse gases as a 4 bedroom house through cooking for 8 months
- Air freight of food is increasing dramatically and subsidised by tax free air fuel

Local produce means less environmental damage from petrol, packaging and refrigeration. Buying locally has social and economic benefits too. It means we know the provenance of our food, and helps rebuild links between urban areas and the nearby countryside.



Fresh local vegetables at Keighley Local Produce Shop

### Where to buy local produce

B-FIT aims to help make a full range of local produce easily accessible to all. This leaflet has details of some outlets in and around the Bradford area. At farmers markets you can meet the producer, and some farm shops are working farms where you can see how the food is produced. Only small quantities of fruit and vegetables are grown in the Bradford area. Some independent shops have local items like milk and eggs. Supermarkets' purchasing and distribution systems mean that most of the stock travels long distances, but some are developing a local range. Some restaurants specialise in local ingredients.



There are several independent butchers and farm shops selling local meat in the Bradford area.



You can find some local produce, like milk, in independent shops



Yorkshire fruit is in short supply, producing just 5% of the UK total. Just 4% of the fruit we eat in the UK is grown here, with the other 96% being imported. Some kinds of fruit, particularly soft fruit like blackcurrants and raspberries, grow well in parts of Yorkshire.



Some supermarkets are stocking more local and regional items. Look out for Yorkshire rhubarb, eggs and dairy produce.

# From farm to you - Where to buy

Outlets on this map sell produce, or use ingredients, grown or reared within a few miles. This means a direct link between farm and consumer. The range and availability of local produce, particularly of fruit

and vegetables, may be limited. Opening times may vary so please check before visiting. Do contact B-FIT if you know of additional outlets for local produce, as we aim to produce a comprehensive directory.

## 1 David Isherwood Butcher

51 Kirkgate  
Silsden  
BD20 0AQ  
tel: 01535 6563200  
Beef and lamb from own herd just a mile from the shop in Kildwick

## 2 Beanstalk Organix

Townhead Trading Centre  
Main Street  
Addingham  
LOS29 0PD  
tel: 01943 831103  
e: info@beanstalkorganix.co.uk  
www.beanstalkorganix.co.uk  
Seasonal local veg, milk

## 3 Lishmans Butcher

23-27 Leeds Road  
Ilkley  
LS29 8DP  
tel: 01943 609436  
e: david@lishmans.fsbusiness.co.uk  
Meat from own herds and local farms, including several rare breeds

## 4 Kevin Jubb Butchers

8 Little Lane, Ilkley  
LS29 8JE  
tel: 01943 603603  
Beef, pork and lamb from Skipton and Wharfedale areas

## 5 Woolley's Restaurant

78 Main Street  
Burley In Wharfedale  
LS29 7BT  
tel: 01943 864602  
e: david@woolleysrestaurant.fsnet.co.uk  
www.davidwoolleysrestaurant.co.uk

## 6 Otley Country Market

Otley Civic Centre  
Boroughgate  
Otley  
LS21 1HD

Fortnightly on Fridays 9.30—11.30am. Closed January.  
Home made baking, crafts, seasonal fresh fruit and plants  
Contact Margery Fox tel: 01132 582845

## 7 Middlesmiss & Son

3 Market Street  
Otley LS21 3AF  
tel: 01943 462611  
Local beef, pork and lamb from within 10 miles. Duck and goose from own farm around Christmas.

## 8 Otley Farmers Market

Market Square. Otley  
Last Sunday each month 10am — 2pm  
Contact Geoff Johnson tel: 01943 863130  
Around 35 stalls with a wide range of produce, including organic

## 9 Emsleys Farm Shop

Greenside Farm  
Warm Lane  
Yeadon  
Leeds LS19 6DW  
tel: 0113 2503060  
e: theshop@emsleys-farmshop.co.uk  
www.emsleys-farmshop.co.uk

## 10 The Cellar Project

Farfield Road, Shipley BD18 4QP  
tel: 01274 586474  
www.thecellarproject.co.uk  
Thursdays 9am—6pm  
Fridays 9am—5pm  
Organic veg, crafts, wood

## 11 Darren Todds Butchers

6 Chapel Lane  
Bingley BD16 2NG  
tel: 01274 563782  
Wide range of fresh local meat, eggs

## 12 Gary Snowden Butcher

1 Wilsden Road, Harden  
Bradford  
BD16 1JP  
tel: 01535 272500  
Range of meat from local farms

## 13 Keighley Local Produce Shop

Healthy Living Centre  
43-49 Lawkholme Lane  
Keighley BD21 3EA  
Fri & Sat 9.30am—1.30pm  
Ernest Thomas tel: 01535 677177  
e: khln@actionforhealth.org.uk

## 14 Rossis Café

102 Cavendish Street  
Keighley  
BD21 3DE  
tel: 01535 604813  
Good value meals and snacks using many fresh, local ingredients

## 15 Weavers Restaurant

13-17 West Lane  
Haworth BD22 8DU  
tel: 01535 643822  
www.weaverssmallhotel.co.uk  
Lots of local ingredients used in traditional regional cooking

## 16 Ellisons Butchers

52 Halifax Road  
Cullingworth BD13 5HD  
tel: 01535 272491  
Local meat including beef from Malham and chicken from Huddersfield

## 17 Greenwoods Farm Shop

Stock House Farm  
Denholme Gate  
BD13 4EP  
tel: 01274 832985  
Beef and lamb from own working farm

# local produce in the Bradford area

## 18 Barn Farm Shop

Broadstones Farm  
Denholme Gate BD13 4EU  
tel: 01274 832870  
Veg from local growers when in season

## 19 Keelham Hall Farm Shop

Denholme Gate Road  
Thornton  
Bradford BD13 8XC  
tel: 01274 833472#  
e: enquiries@thefarmshop.net  
www.thefarmshop.net  
Meat., milk, eggs and other produce

## 20 Bradford City Farm

Walker Drive  
Girlington  
Bradford BD8 9ES  
tel: 01274 543500  
e: admin@bcfa.fsnet.co.uk  
Veg, herbs, eggs, garden plants  
9am—4pm weekdays and some Saturdays

## 21 Bradford Local Produce Market

9am-3pm, 4th Saturday each month, Kirkgate (Darley Street end)  
Bradford City Centre  
Vegetables, meat, fish, dairy produce, baked goods, crafts  
tel: 01535 670950  
e: carolynl@blueyonder.co.uk

## 22 H & S Lazenby

Farm shop  
Birkhill Farm  
Birkhill Crescent  
Birkenshaw BD11 2LJ  
tel: 0113 285 2412  
Farm's own veg when in season, plus fruit, eggs and more

## 23 Blue Hills Farm

Birkenshaw  
(off Whitehall Road West A58)  
BD11 2DU  
tel: 01274 682007  
Meat from own farmed stock – beef, pork, lamb, ham, bacon, sausages

## 24 Cleckheaton Farmers Market

St. John's Car Park, Bradford Road  
Cleckheaton town centre BD19  
1st Saturday each month, 9am-1pm  
Margaret Holmes tel: 01924 520161  
e: m.holmes14@ntlworld.com

## 25 Yorkshire Strawberry Growers

Corner of A62 and Sunnybank Road  
Pick your own fruit and veg when in season in spring/summer, plus produce from other farms nearby.

## 26 Haigh's Farm Shop

Elmgrove Farm  
Far Common Road  
Mirfield WF14 0DQ  
tel: 01924 490118  
www.haighsfarmshop.co.uk  
As much produce as possible is produced on the farm itself

## 27 C Ramsden Butcher

128 Huddersfield Road, Mirfield  
tel: 01924 492185  
Pork, lamb and beef from farms in the Mirfield and Kirkheaton area

## 28 Mock Hall Farm Shop

59 Leeds Road  
Mirfield WF14 0DA  
tel: 01924 496169  
Lamb and beef from the farm

## 29 Broster Farm Shop

Scar View Farm  
Lindley Moor  
Huddersfield HD3 3SZ  
tel: 01422 376117  
david@brosterfarmshop.co.uk  
www.brosterfarmshop.co.uk

## 30 Villa Farm Shop

Bradley Villa Farm  
Bradford Road  
Huddersfield HD2 2JY  
tel: 01484 421782  
Local produce includes milk and eggs from own farm, meat, bread and cakes

## 31 Ingfield Farm Shop

Law Farm, Law Lane  
Southowram HX3 9UG  
tel: 01422 362789  
Range of produce from nearby farms, deli counter

## 32 Halifax Farmers Market

Russell Street HX1 1RL  
3rd Saturday each month  
tel: 01422 359034  
e: markets@calderdale.gov.uk

## 33 Bracken Farm Organics

1A Priestley Green  
Halifax HX3 8RQ  
tel: 01422 205578  
Veg and soft fruit from farm shop, box scheme

## 34 Far Isle Farm Shop

259 Shay Lane  
Holmfield HX2 9AG  
tel: 01422 244859  
e: info@farislefarm.co.uk  
Wide range of meat naturally reared in Oxenhope

## 35 Moat Hall Farm Shop

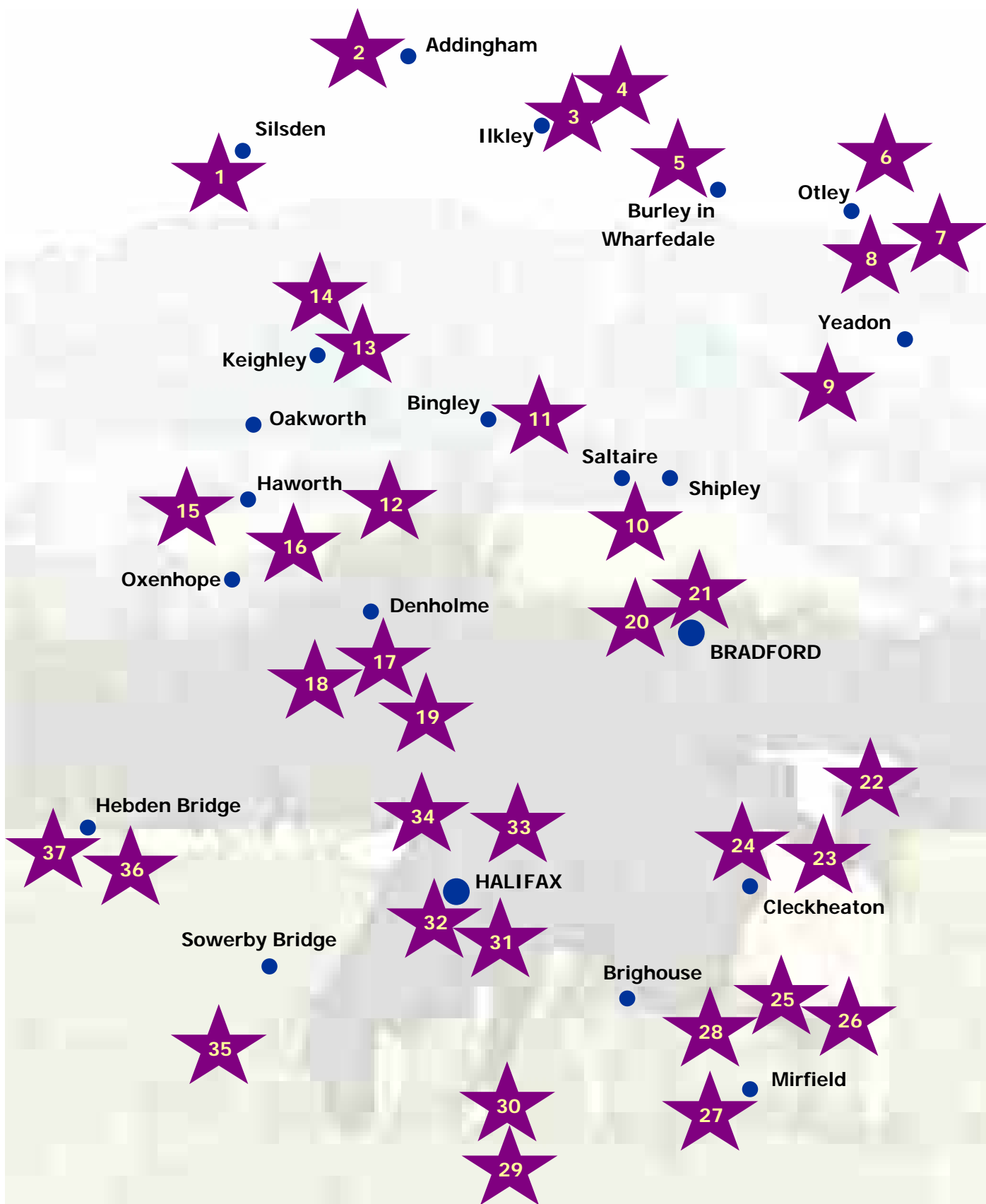
Ash Hall Lane  
Soyland  
Sowerby Bridge HX6 4NY  
tel: 01422 822463  
All meat from own farm

## 36 Hebden Bridge Farmers Market

Lees Yard,  
Hebden Bridge  
HX7 6AA  
1st Sunday each month  
tel: 01422 359034  
e: markets@calderdale.gov.uk

## 37 Valley Garden Organics

14 Market Street  
Hebden Bridge  
HX7 6AA  
tel: 01422 846651  
Veg from own plot and other local growers



**Keighley Healthy Living Network**  
 43-49 Lawholme Lane  
 Keighley  
 BD21 3EA  
 tel: 01535 670950  
 e: carolyn@blueyonder.co.uk

**Useful websites:**

- Farmers' markets in Yorkshire and Humber  
[www.farmers-markets-yorkshire-humber.co.uk](http://www.farmers-markets-yorkshire-humber.co.uk)
- Grassroots Food Network [www.grassroots.uk.net](http://www.grassroots.uk.net)
- Farm shops and farmers markets in the UK  
[www.farmshopping.com](http://www.farmshopping.com)
- All kinds of outlets for local produce in the UK  
[www.bigbarn.co.uk](http://www.bigbarn.co.uk)
- Regional Food Group for Yorkshire and the Humber  
[www.rfgyh.co.uk](http://www.rfgyh.co.uk)



# Keighley Local Produce Shop

Established in 2002, Keighley Local Produce Shop supports small-scale local producers and provides work placements and experience for people with learning difficulties or mental health problems. The shop sells fresh, healthy local produce and recipes and runs regular cooking demonstrations and tastings.

From very small beginnings the shop has built up to offer a wider range of produce, with organic fruit, vegetables and herbs from farms and community

projects, dairy produce, meat, fish, baked goods and crafts. The shop is now open on Saturdays as well as the established Friday slot.

The Local Produce Shop is a social enterprise, which means that the business is driven by our values of supporting the local economy and community. Surplus is reinvested into development of the project. The Local Produce Shop is supported by Keighley Health Living Network and the NOF SEED fund.



*Fiona Allan (5-A Day CO-coordinator), Nick Simon of Braithwaite School and Ernest Thomas (Local Produce Shop Manager)*



*Cards from a local school*

**Local Produce Shop**  
Keighley healthy Living Network, 43 – 49  
Lawkholme Lane, Keighley  
BD21 3EA  
tel: 01535 677177  
e: [khln@actionforhealth.org.uk](mailto:khln@actionforhealth.org.uk)  
Fri and Sat 9.30am–1.30pm

- Delicious local food, crafts
- Cooking demonstrations and tastings

# Bradford Local Produce Market

Farmers' markets provide a valuable outlet for small-scale local producers and have been shown to help revitalise town centres by attracting locals and tourists alike. Many stallholders are farmers with the freshest produce you can find, and those providing prepared foods like baked goods are supported in their efforts to use local ingredients where possible. B-FIT supports producers in selling produce locally through other farmers' markets in the region and through other routes to local markets like farm shops and independent retailers.



*Peas lose their sweetness soon after picking*



B-FIT works with Bradford Council Market Service to organise Bradford Local Produce Market, launched on Sat 23rd October 2004. The market has been awarded FARMA (National Farm Retail and Markets Association) certification. This assures customers that we have a well run market with fresh, wholesome food direct from the producer. This ensures reduced food miles and a fair price for the producer.

**Bradford Local Produce Market**  
4th Saturday each month 9am to 3pm at Kirkgate (Darley Street end) in Bradford City Centre  
Dates for 2004  
Sat 23rd Oct    Sat 27th Nov  
Sat 18th Dec

# More about B-FIT

B-FIT (Bradford and District Food Information Trust) is a registered charity promoting local, healthy food. We believe that locally produced, fresh food can provide a better diet than food which is transported long distances. Local food supply chains help the local economy, reduce the 'food miles' between farm and plate and the environmental damage caused by food processing and packaging.

Direct sales outlets like farm shops and farmers' markets help farmers and producers ensure a fair price for their produce. We organise Local Produce Markets in Bradford, the Local Produce Shop in Keighley, and help producers sell locally to other outlets in the Bradford district.

B-FIT has a membership scheme and everyone involved or interested in local food is welcome to join. Members receive regular newsletters, information about events, and can get involved in our work to make local, healthy food accessible to all.

The B-FIT recipe book contains healthy recipes which are easy to cook and use seasonal ingredients available locally. The recipe book also tells the stories of local producers and how they get their produce to local markets.

B-FIT is looking for more people to get involved with our work. There are opportunities for voluntary and paid work. Do get in touch with us if you may be able to help with any of the following:

- Secretarial work such as membership administration
- Helping out with the Local Produce Market and Shop
- Fund-raising
- Helping with marketing and publicity
- Cooking demonstrations and healthy recipes

B-FIT is involved with many other organisations and projects working for more sustainable food including:

- Bradford and Airedale Food Network [www.bradfordfoodnetwork.org](http://www.bradfordfoodnetwork.org)
- FLINT (Food Links Network) [www.bcep.org.uk](http://www.bcep.org.uk)



*You can find unusual produce at farmers markets and farm shops*

B-FIT would like to thank Rural Business Networks for supporting this promotional brochure, as part of a B-FIT promotion and membership development project. RBN supports the development of rural business networks and connects them with wider business support networks.

tel: 01226 704057

e: [rural@yhchambers.org](mailto:rural@yhchambers.org)

[www.rural-networks.org](http://www.rural-networks.org)



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Keighley Healthy Living Network  
43-49 Lawkholme Lane  
Keighley  
BD21 3EA  
tel: 01535 670950  
e: [carolynl@blueyonder.co.uk](mailto:carolynl@blueyonder.co.uk)

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