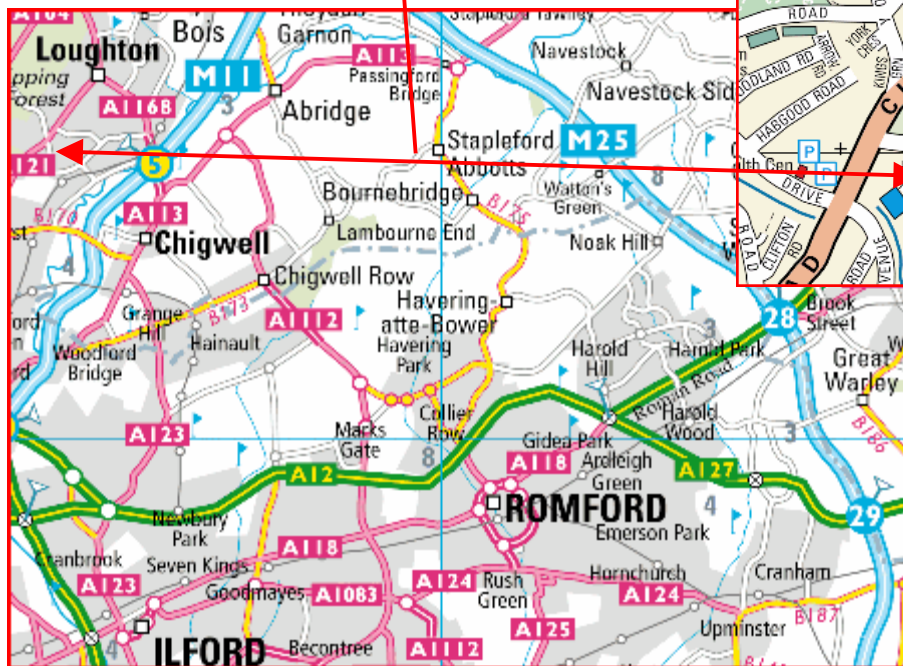


Traps Hill
Loughton
Essex IG10 1SZ

Tel : 01992 564574



Suggested Route:

Take A12 towards London. Turn right on to A112 (Moby Dick Traffic Lights). Go straight on at all junctions to roundabout (by American Bowl). Take first exit. Carry on straight on at mini roundabout, past Hainault Golf Club, over two sets of traffic lights and past Chigwell Church. Straight over next traffic lights (by Maypole Pub). Straight on to T-junction with A113 (note there is a short cut – shortly after the Maypole there is a left turn, pudding lane which also goes to the A113). Turn left and continue to mini roundabout, turn right (second exit). Continue straight, passed M11 junction and Debden Station.

Continue straight over two mini roundabouts to T-junction with A121. Turn Left and continue to Loughton town centre. Turn left into Traps Hill (signposted Leisure Centre). Centre car park on right. An alternative short cut is possible. At the second mini roundabout after Debden station, turn left (Border Lane) past the college. Turn right into Traps Hill (the main road bears left and Traps Hill is to the right). The centre car park is on the left shortly before the end of the road.