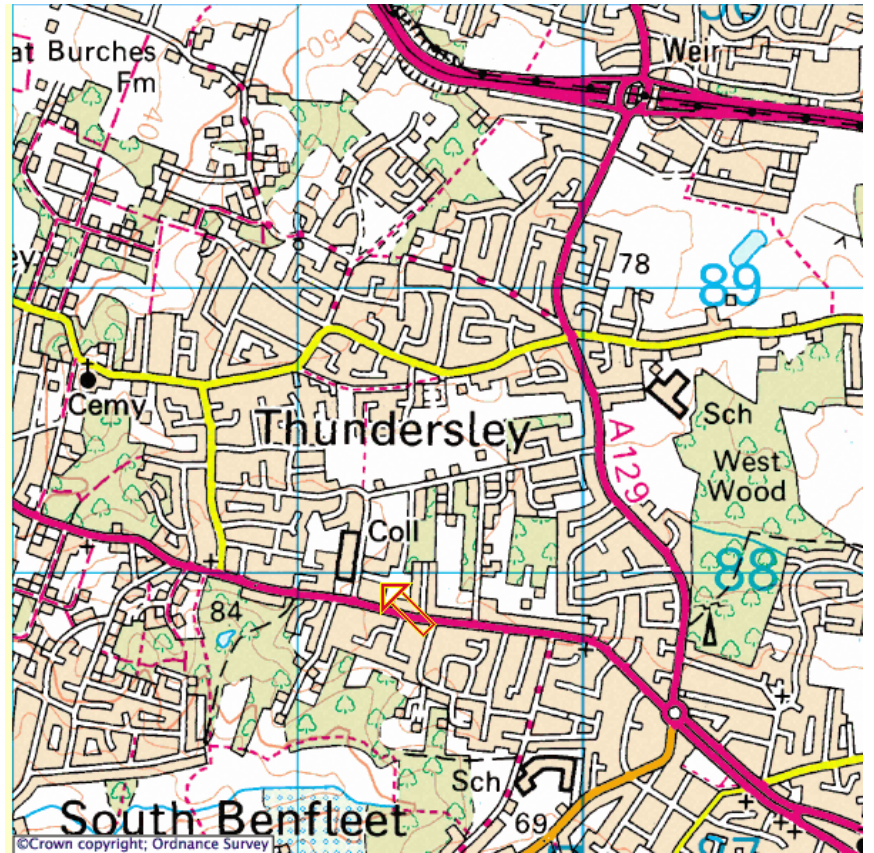


Runnymede Swimming Club  
 Castle Point Borough Council  
 Kiln Road  
 BENFLEET  
 SS7 1TF

A127 from Romford

A13  
 From Rainham



Either Take A127 towards Southend, turn right at Rayleigh Weir onto A129 towards Hadleigh. Straight across double mini roundabout and then right at roundabout onto A13 towards London. About 1 mile turn right to pool behind council offices.

Or Take A13 towards Southend, past Basildon and Pitsea and on through Benfleet. Pool on left shortly after going up long, steep, Bread & Cheese Hill (named after pub).

