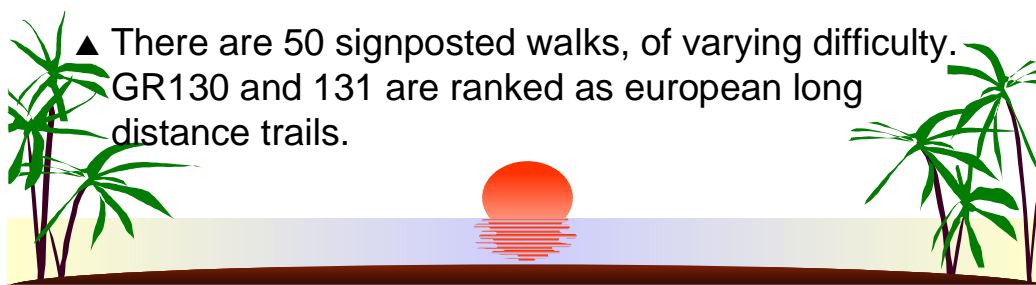


Explore La Palma's lovely countryside.

- ▲ La Palma is a mid-size Canary Island, 47Km long & 29Km wide. It's area is 708.3 sqKm. It has plains, valleys and mountains; highest peak 2,426m.
- ▲ It is unspoiled, with very good roads and services.
- ▲ Nature zones include the caldera, canyons, fern & pine forests, coast, plantations & volcanoes.
- ▲ There are 50 signposted walks, of varying difficulty. GR130 and 131 are ranked as european long distance trails.



Beaches next to banana plantations



CASA DE CHARLES on La Palma Island

HOME TO CASA DE CHARLES

e-mail: charles.nichols@ntlworld.com

telephone: +44 (0)141 581 3504

text message: +44 (0)77 80858305

Stroll along mountain paths



Trek through canyons



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Explore the rainforest at “Los Tilos”



“Caldera de Taburiente.”



<http://homepage.ntlworld.com/charles.nichols/index.html>

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“Ruta de los Volcanes”



“Cumbre Nueva”



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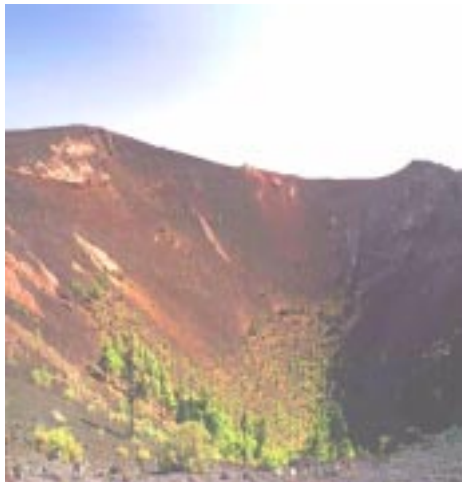
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Visit the sites of volcanic eruptions



Traverse hill and mountain sides

