

**National Aquatic Rescue Standard  
IRB Surf Crewman  
Examiner Check List**



Club / Organisation		Date	
Examiner		Signature	
<b>Candidates Names</b>			
<b>Section 1 – Theory</b>			
Theory Paper			
Knowledge of: -			
Signals & International Distress signals			
Craft, equipment and spares			
Safety in operating IRB			
Pre-operation procedures – crew			
Post-operation procedure - crew			
IRB maintenance			
Radio usage and procedures			
<b>Section 1 Result (Competent / Not Yet Competent)</b>			
<b>Section 2 Practical</b>			
Launch, manoeuvre and recover craft			
Re-start motor & return to shore (solo)			
Perform any of the following rescues: - 1. Beyond the break 2. Inside the break 3. Swim & tube tow 4. Throw line or tube 5. Mass with above			
Demonstrate the following: - 1. Life support in IRB 2. Patient care 3. Patient carry (crew) 4. Spinal injury care			
Demonstrate ability to cope with: - 1. Driver out – recovery 2. Motor fail in break 3. Sponson puncture 4. Water in boat 5. Re-right & recover			
Demonstrate use and ability to tie: - 1. Bowline 2. Fisherman’s knot 3. Figure 8 on the bend 4. Round turn 2 half hitches			
<b>Section 2 Result (Competent / Not Yet Competent)</b>			
<b>Section 3 – Surf Life Saving skills (or hold SLS award or higher)</b>			
Hold EA I and demonstrate: -			
200m run – 200m swim – 200m run in 9 minutes			
150m swim – 150m tow with EAV			
General knowledge of the beach / lifesaving etc.			
<b>Section 3 Result (Competent / Not Yet Competent)</b>			
<b>Overall Result</b>			
Overall Result (Competent / Not Yet Competent / Partial Pass)			