

National Aquatic Rescue Standard Advanced Resuscitation Examiner Check List



Club / Organisation		Date	
Examiner 1		Signature 1	
Examiner 2		Signature 2	

Candidates Names						
Section 1 – Life Support						
Scene Assessment & Safety						
Turning Patient						
Checking Airway / Breathing						
Check Circulation (Pulse)						
Action for Vomit						
Recovery Position and Aftercare						
Jaw Thrust						
Adult One Person CPR (cardiac arrest)						
Adult One Person CPR (drowning)						
Adult Choking						
Child CPR						
Child Choking						
Infant CPR						
Infant Choking						
Two Person CPR using Bag & Mask						
Three Person CPR using Bag & Mask						
Oxygen Therapy						
Knowledge of Oxygen / Resuscitation Equipment						
Management of Cervical Injuries						
Use of Cervical Collar						
Section 1 Result (Competent / Not Yet Competent)						
Section 2 Theory Paper						
40 question oral or written paper (Enter Paper Mark)						
Section 2 Result (Competent / Not Yet Competent)						
Overall Result						
Overall Result (Competent / Not Yet Competent)						