

# Lunchbag Tutorial



**A useful and stylish way to carry lunch**

## Materials List

**Outer fabric:** ½ metre of medium weight cotton

**Lining:** ½ metre of co ordinating medium weight cotton

**Inner stabilising/insulating layer:** Pictured in use here is a polyester fleece, but a heavy interfacing or specialist insulating fabric can be used. (for example insul brite)

**Matching thread**

**Co ordinating button**

## Step One:

(assuming you have already washed and pressed your fabrics.)

Cut out your pieces.

You will need to cut two pieces each from the outer fabric, lining, and stabiliser.

Start by cutting each piece 27x34cm



Then using taylor's chalk or a fabric pen and a ruler mark the bottom edge down to 16cm, and cut the excess fabric from the bottom corners. This gives the shape to the bottom edge of the completed bag.

You will also need to cut one piece for the wrist strap 27x6cms, and one piece for the button loop 6x3cms.

**Step Two:**

Make the wrist strap.

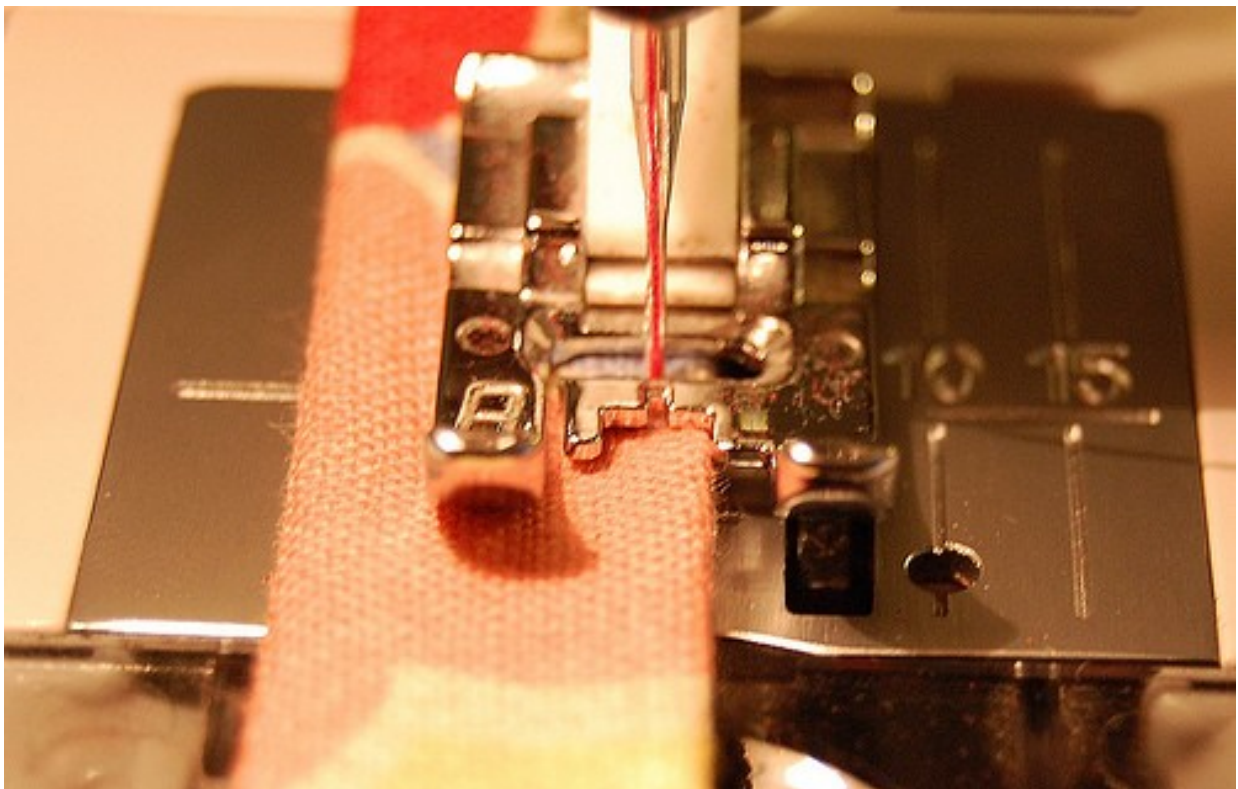
Press the wrist strap piece in half lengthways.



Then press each side into the middle, use the crease you have just pressed as a guide.



Press together and top stitch close to the edge

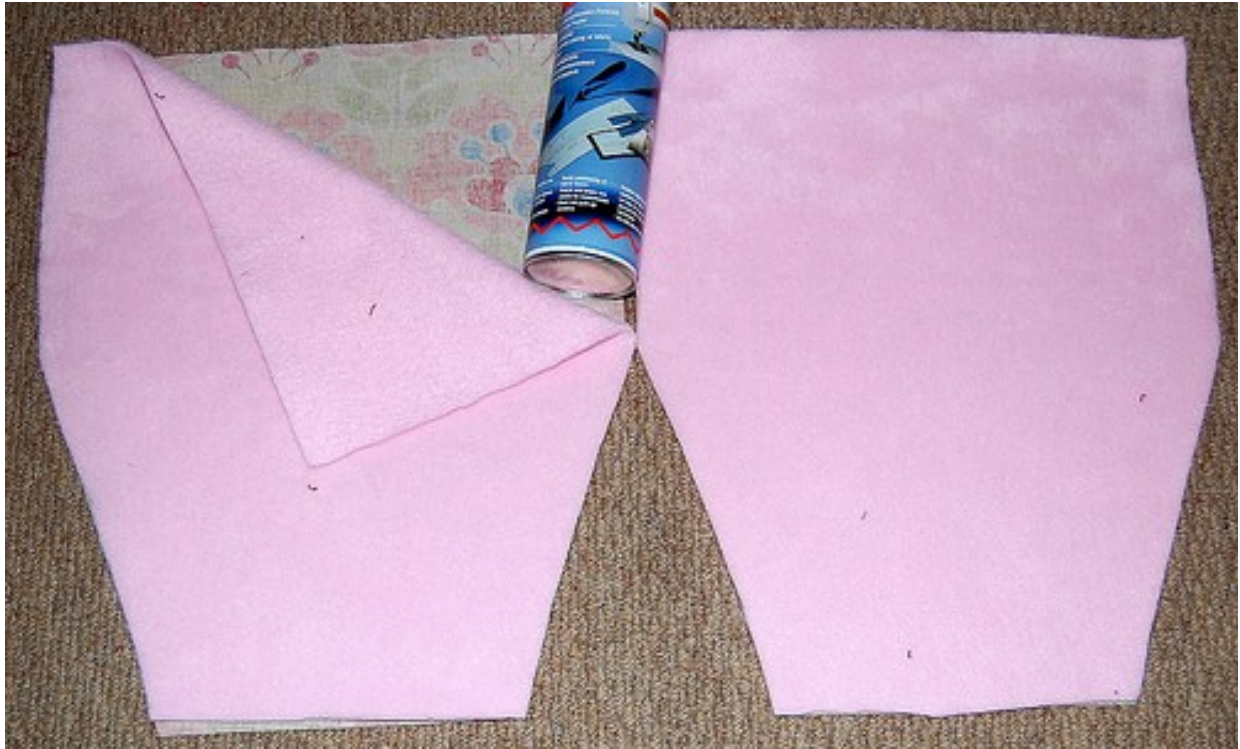


Make the button loop in the same way.

### Step three:

Making up the bag.

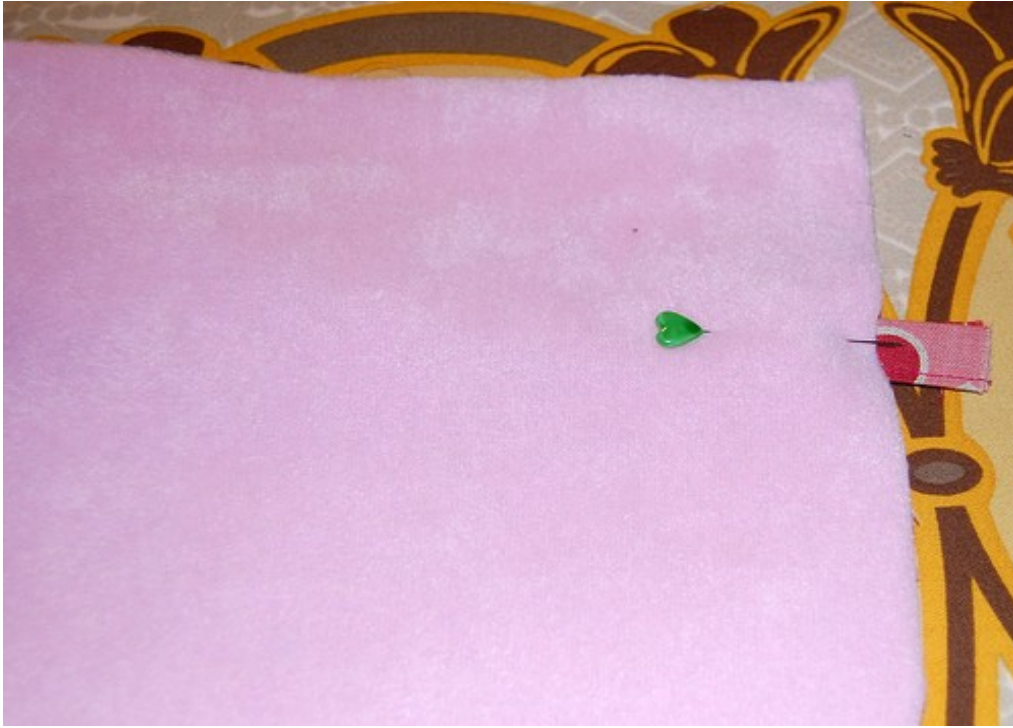
Attach stabilising layer to the wrong side of the outer fabric, using either a tacking spray or large basting stitches.



Pin wrist strap into position on right side of the outer fabric, ideally it should sit about 7 ½ cms down from the top edge.

Pin Outer fabric pieces right sides together and stitch a 1 ½ cm seam along the sides and the bottom.





Clip corners and trim any excess fabric.



Press seams open

No need to neaten seams as all raw edges will be concealed.

With seams pressed open, pinch the bottom corners of the bag together, and press again with seams lying on top of each other.

Stitch across about 2cms in to box off the bottom of the bag.



Make up the lining in the same way

**Step four:**

Pin button loop to centre front of the top edge of the outer bag. (right side.)  
With right sides together pin the lining to the outer bag, sandwiching the button loop in place.



Start stitching the top edge from approx 3cms from the centre back. Stitch around (1.5cm seam allowance.) leaving a large enough gap to turn the bag the right way out.



Turn the bag the right way out, and press, making sure the raw edges of the gap you left are neatly pressed inwards.

Top stitch the top edge of the bag close to the edge.



Mark the position of the button, and sew on securely. A buttonhole stitch on the reverse makes for a very strong button.



Give your lunch bag a final and thorough pressing, then fill with yummy treats.

