

Senior Women Records			
Event	Name	Performance	When
60m	Monica Bramwell	7.98s	14/01/2009
100m	Emma Hughes Monica Bramwell	12.6s	07/07/2007 04/04/2009
200m	Sarah Conway	26.5s	24/06/2007
400m	J Brown	62.0s	05/06/2005
800m	Claire Bassill	2m 19.7s	14/05/2006
1500m	Claire McMahon	4m 48.5s	2004
3000m	Claire McMahon	10m 17.9s	2004
5000m	Claire McMahon	17m 51.0s	2004
4 x 100m Relay	Jonelle Johnson-Turner, Amy Fleming, Emma Hughes, Monica Bramwell	51.1s	25/04/2009
4 x 400m Relay	Amy Fleming, Monica Bramwell, Nicole Matthew, Cleo Lewis	4m 21.3s	26/07/2008
100m Hurdles	Rachael Maggott	20.3s	15/07/2006
400m Hurdles	Claire Bassill	79.9s	15/07/2006
2000m Steeplechase	Claire Bassill	7m 57.77s	19/09/2009
Long Jump	Emma Hughes	5.98m	17/06/2007
Triple Jump	Emma Hughes	11.62m	19/08/2007
High Jump	Jayne Rasmussen Lisa Barron	1.30m	05/06/2005 26/06/2005
Pole Vault	Claire Bassill	1.90m	02/09/2006
Shot	Shannon Bunker	11.67m	31/08/2009
Discus	Shannon Bunker	35.36m	19/09/2009
Javelin	Shannon Bunker	32.06m	25/04/2009
Hammer	Shannon Bunker	43.40m	01/08/2009