

Senior Mens Records			
Event	Name	Performance	When
60m	Darren Green	6.97s	18/01/2009
100m	Vinnie Bruce	10.72s	2004
200m	Darren Green	21.71s	22/08/2009
400m	Darren Green	48.5s	02/08/2008
600m	Peter Benedickter	1m 31.0s	08/03/2006
800m	Peter Bridger	1m 53.3s	20/08/2005
1500m	Peter Bridger	3m 47.36s	31/05/2008
3000m	Luke Beevor	8m 17.10s	2004
5000m	Luke Beevor	14m 25.37s	2004
Marathon	Andy Stowe	2h 42m 30s	23/04/2006
4 x 100m Relay	David Hughes, Ryan McNamara, Tony Waddington, Vinnie Bruce	43.7s	2004
4 x 400m Relay	Tim Harris, Glen Pascal, Kyle Andrew, Darren Green	3m 27.6s	20/06/2009
110m Hurdles (3' 6")	Gary Smith	14.8s	2004
400m Hurdles	Alan Cooper	54.1s	22/08/2009
3000m Steeplechase	Gareth Suffling	10m 00.4s	2004
Long Jump	Joe Steele	7.28m	17/07/2009
Triple Jump	Andrew Bullimore	13.77m	10/04/2009
High Jump	Adewale Adeye Gary Smith      Andrew Bullimore	1.75m	2004 06/08/2005 21/09/2008
Pole Vault	Andrew Bullimore	2.20m	02/08/2008
Shot	Steve Whyte	16.24m	2004
Discus	Steve Whyte	47.28m	2004
Javelin	Steve Whyte	47.66m	2004
Hammer	Steve Whyte	60.09m	2004