

## Senior Men Records

Event	Name	Performance	When
100m	Vinnie Bruce	10.72s	2004
200m	Vinnie Bruce	21.9s	2004
400m	Kyle Andrew	52.0s	22/09/2007
600m	Peter Benedickter	1m 31.0s	08/03/2006
800m	Pete Bridger	1m 53.3s	Aug-05
1500m	Pete Bridger	3m 48.54s	25/08/2007
3000m	Luke Beevor	8m 17.10s	2004
5000m	Luke Beevor	14m 25.37s	2004
10000m			
Marathon	Andy Stowe	2m 42m 30s	23/04/2006
4 x 100m Relay	Hughes, McNamara, Waddington, Bruce	43.7s	2004
4 x 400 Relay	Gough, Bridger, Choudhury, Emmanuel	3m 30.2s	20/08/2005
110m Hurdles (3' 6")	Gary Smith	14.8s	2004
400m Hurdles	Peter Benedickter	57.4s	2004
3000m S/C	Gareth Suffling	10m 00.4s	2004
Long Jump	David Hughes	6.84m	06/05/2005
Triple Jump	Stefan Mohnani	12.16m	30/07/2005
High Jump	Ade Adeyeye      Gary Smith	1.75m	2004 6/08/2005
Pole Vault	Mark Collins	2.00m	2004
Discus	Steve Whyte	47.28m	2004
Shot	Steve Whyte	16.24m	2004
Hammer	Steve Whyte	60.09m	2004
Javelin	Steve Whyte	47.66m	2004
Decathlon	Mike Butler	4206pts	2003