

EASTERN VETERANS ATHLETIC CLUB

Application for membership

I wish to apply for membership of E.V.A.C. and agree to abide by
The rules of membership as laid down

First Name

Surname Date of Birth

Address
.....
..... Post Code

Telephone

U.K.A. First Claim Club

Main Interests – Track & Field – Cross Country – Road Running

Membership Secretary.

Eva Osborne, 61, Damgate, Wyrondham, Nfk. NR18.03G

Telephone 01953.604501

Annual Subscription £10 – 00 Enclosed. Together with S.A.E

N.B.

Your details will be entered on the club Database unless otherwise indicated.

SIGNED Date

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EASTERN VETERANS ATHLETIC CLUB

Secretary :

Peter Chaplin,
1, Gunning Way, Cambridge. CB4.3SQ

E.V.A.C. Stages the following Championships, Cross Country, Track & Field, Road Races at 5k, 5m, 10k These distances are part of the Grand Prix competition. Scored on the W.A.V.A. Percentage Tables. Best of three.

Times recorded in the Half Marathon, 20 miles and full marathon, can also be considered.

Also a Road Relay Championship based on first claim club.

Other distances, Half Marathon, and 20 miles are run in conjunction with chosen Open Races. For the Marathon we run a Postal Competition.

An individual award is given to the first and second man and women in each of the championships. Plus medals for the first three in each of the five year age Groups.

You can join E.V.A.C. as a first claim member (we are affiliated to the S of E. A.A.F.) But the vast majority of members are second claim. Any team awards within our Championships are based on first claim club.

E.V.A.C. also promotes a very successful Wednesday Evening Track & Field League. Comprising twenty or more clubs within the Eastern Region.

Selection can be gained to represent E.V.A.C in Inter Area Veteran competition at Track & Field and Road Running. B.M.A.F. Also promote an Inter Home Counties Cross Country International for which you could be selected within your age group.

Membership is open to Women over 35, and Men over 40. You are immediately Eligible On your 35 or 40th Birthday.

You will also receive a free copy of the quarterly ' EASTERN VET ' our own Magazine, and a copy of British Veteran published by B.M.A.F.

Membership allows you to participate in all B.M.A.F. Championships, and in events Controlled by W.A.V.A. & E.V.A.A. i.e. World and European Championships.

AFFILIATED TO B.M.A.F. & S. of E. A.A.

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